

MOUNTAIN VALLEY GUIDES LLC

Release of Liability, Assumption of Risk Waiver

In consideration of Mountain Valley Guides LLC furnishing services and/or equipment to enable me to participate in River, Lake and Outdoor Activities, I agree as follows:

I FULLY understand and acknowledge that outdoor activities have (a) inherent risks, dangers and hazards and such exists in my use of Mountain Valley Guides LLC equipment and services; (b) my participation may result in injury, or illness including but not limited to, bodily injury, disease, strains, fractures, partial and or total paralysis, death, or other ailments that could cause disability; (c) these risks and dangers may be caused by the negligence of others, accidents, breaches of contract, the forces of nature and other causes.

I FULLY understand and acknowledge that risks and dangers may arise from foreseeable or unforeseeable causes including, but not limited to guide decision making, including that a guide may misjudge, terrain, weather, trail or river route location, and water level, risks of falling out of or drowning in a kayak and other such risks, hazards and dangers that are integral to recreational activities that take place on the outdoors and wilderness environments; and (d) my participation in these activities and/or use of equipment, I hereby assume all risks and dangers and all responsibility for any losses and/or damages whether caused by the negligence or conduct of the owners, agents, officers, or employees of Mountain Valley Guides LLC.

I AGREE and I am aware that a condition of my being able to participate in Mountain Valley Guides LLC activities that I warrant that I am in good physical and mental health, that I am fully capable of participating in these activities and that I have not consumed any alcoholic beverages or any substances that would impair my senses.

I, on behalf of myself, my personal representatives and my heirs hereby voluntarily agree to release, waive, discharge, hold harmless, defend, and indemnify Mountain Valley Guides LLC and its owners, agents and employees from any and all claims, actions. Losses for bodily injury, property damage, wrongful death, loss of services or otherwise which may arise out of use of Mountain Valley Guides equipment or participation in activities.

I HAVE READ THE ABOVE WAIVER AND RELEASE AND BY SIGNING IT I AGREE IT IS MY INTENTION TO EXEMPT AND RELEASE MOUNTAIN VALLEY GUIDES LLC FROM LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY NEGLIGENCE OR ANY OTHER CASE.

PRINT NAME: _____

Signature: _____

Email: _____