

TEEN TREKS 9TH & 10TH PARENT HANDBOOK



JULY 1 - AUGUST 8

Recreation Department: (914)232-6162



Summer 2024

Dear Caregivers,

We would like to welcome you and your child to the 2024 Lewisboro Teen Treks 3-day 9th & 10th grade camp program. We are very excited to bring this travel camp to our residents. We hope the following information will be helpful in making your child's summer an enjoyable one. Camp home base will be at **John Jay High School** this summer.

Our 9th and 10th grade program will have a schedule that is separate from our 6th-8th grade program, apart from a few trips. All Teen Treks buses will be going together to Six Flags, Dorney Park, Brownstone Park, Splashdown, and Lake Compounce. 9th and 10th graders will be able to go off on their own on each trip with specific check-in times with their counselors.

The first day of camp is sometimes a difficult situation for parents, campers, and staff. We hope the information outlined in this booklet will minimize any confusion or questions you may have. Therefore, we encourage you to take the time to read and understand this booklet and the policies and procedures contained within, and to please feel free to call should you have any questions.

We look forward to having your campers with us this summer and we are committed to providing a safe, fun-filled camp experience for them.

Sincerely yours,

A large, stylized handwritten signature in black ink, appearing to be 'Katie Coluccini', written over a long horizontal line.

Katie Coluccini, Camp Operator

THE LEWISBORO RECREATION DEPARTMENT

and THE LEWISBORO TEEN TREKS CAMP STAFF

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General Camp Information

Staff

The Town of Lewisboro Teen Treks Program is run under the direction of a trained staff of professionals and counselors. Our Teen Treks Directors are educators in the state of New York. Our counselors are all college students or graduates with prior experience as a camp counselor or experience working with children, especially with this age group.

Our Aquatics Director is Jessie Crane. This is Jessie's first year as Aquatics Administrator, and it is her second year working in aquatics at the Lewisboro Town Pool. She previously worked at the Bedford Golf & Tennis Club. Jessie will be working with her assistant, Ryan Giner, and a team of eleven instructors/lifeguards this upcoming summer overseeing the Town Camp Aquatics.

The Town of Lewisboro works cooperatively with the Katonah-Lewisboro School District who provides all transportation to and from camp under supervision of our transportation coordinator Chris DiLillo. He has been employed with The Town of Lewisboro Parks and Rec summer camp program since 2011. He is so happy to have such an experienced transportation staff, that will make for a safe, enjoyable, and successful 2024 summer camp.

Under New York State and Westchester County Health Department regulations, we must have one staff member per 200 campers certified in CPR for the Professional Rescuer and one staff member per 200 campers certified in American Red Cross Responding to Emergencies First Aid. The Town of Lewisboro Teen Camp exceeds these requirements.

Permit

The Town of Lewisboro Teen Camp Program:

- 1) Must have a permit to operate from the Westchester County Health Department
- 2) Is required to be inspected twice yearly

Inspection reports and required camp written safety, medical, and fire safety plans are on file at the Westchester County Health Department, Bureau of Public Health Protection located in Mt. Kisco, NY and are available for your review.

Rainy Days

In the event of inclement weather/rain, a rainy day schedule will be implemented, i.e.; bowling, movie, etc.

Please be advised that trips that are cancelled due to bad weather may not always be able to be rescheduled. Also, please note, trips that are cancelled due to inclement weather that were

scheduled for a late pick-up (after 3:00 pm) will be picked up at **3:00 pm**, therefore, campers must be picked up where they were dropped off that morning or at their respective bus stop. Should you have any questions as to the time of pick-up, please call the Recreation Office at (914) 232-6162, or check out our website www.lewisbororecreation.com under CAMP, or Facebook under Lewisboro Parks and Recreation Department.

Swimming

On occasion, campers may swim at the Town Park Pool for recreational swimming. This will usually occur when a trip is leaving late. In addition, swimming trips to various swimming facilities/water parks may have been planned. Under New York State and Westchester County Health Department regulations, all non-swimmers must be readily identifiable, i.e.; wear a bathing cap, wrist band, etc. The Town of Lewisboro Teen Camp will be using neon wristbands to identify our non-swimmers. In addition, our campers who are classified as swimmers will be wearing a different colored neon wristband. This has been added as an extra level of safety to ensure that a non-swimmer cannot take off their wristband and proceed to a swimmer area (which formerly did not use wristbands). Therefore, all campers must wear a wristband in order to swim. Wristbands will be given to each camper and then collected after their swim time.

ALL CAMPERS WILL BE TESTED TO DETERMINE THEIR LEVEL OF SWIMMING ABILITY ON THE FIRST DAY OF CAMP. WE ARE HIGHLY ENCOURAGING ALL TEEN TREK CAMPERS TO MAKE AN APPOINTMENT WITH THE POOL STAFF (IF THE POOL OPENS BEFORE CAMP) TO GET TESTED BEFORE CAMP STARTS. LATE ENTERING CAMPERS MUST MAKE ARRANGEMENTS THROUGH THE TEEN CAMP DIRECTOR AND AQUATICS DIRECTOR TO BE TESTED PRIOR TO THEIR FIRST SWIMMING ACTIVITY. CAMPERS MUST BE TESTED AND MUST BRING THEIR BATHING SUIT AND TOWELS ON JUNE 26th FOR THE POOL PARTY.

CAMPERS WILL NOT BE PERMITTED TO ATTEND ANY BATHING FACILITY/WATER TRIPS UNTIL THEY HAVE BEEN TESTED.

NON-SWIMMERS MAY BE PROHIBITED FROM ATTENDING CERTAIN WATER RELATED TRIPS (i.e.; Farmington River Tubing) WHERE DIRECT SUPERVISION IS NOT PROVIDED. FINAL TRIP APPROVAL FOR NON-SWIMMERS IS LEFT TO THE DISCRETION OF THE TEEN CAMP DIRECTOR AND THE RECREATION OFFICE.

Medical Forms

New York State and Westchester County Health Department regulations require that all children attending private or public day, travel, or sleep away camps must have their medical history on file

BEFORE they may start camp. If you do not have your form on file prior to the start of camp, your child will not be admitted to camp until the form is completed.

If your child is required to take any type of medication during camp hours, a Medical Authorization Form **MUST** be filled out by the primary caregiver **AND** physician, and handed in with the medication the first day your child attends camp. This includes inhalers that may only be needed on an as needed basis. Medication will be left with the camp's on-site assistant health director who will oversee and supervise the child in self-administering their own medication. By law, camp personnel cannot dispense internal medications to the child unless they are a NYS licensed physician, nurse practitioner, physician assistant or registered nurse. Written permission can be given by both the physician and primary caregiver to allow the camper to carry medication that is needed for emergency purposes (i.e.; epi-pen; asthma inhaler).

Transportation

Bus Rules

Campers will be transported by a Katonah-Lewisboro School bus for all their trips. Bus rules at school apply to camp as well. Proper bus behavior will be strictly enforced. Rules to follow are:

- No sticking any part of the body out of the windows
- No throwing objects in or around the bus or out of the bus
- No shouting from or in the bus
- No standing in or moving through the aisles of the bus
- Campers and staff must remain seated until the bus has come to a complete stop
- No rough housing on the bus
- No speaking to, calling to, or signaling to passing motorists or other persons outside the bus
- No gum chewing at any time on the bus
- No eating or drinking on the bus, except water (unless special permission is given by the bus driver and camp director for extended trips)

Bus Routes

If your child is registered for bus transportation, below is the morning and afternoon drop off/pick up schedule. Please be advised these times are approximate and unforeseen traffic, road construction, weather, etc. may cause an occasional delay. **Please anticipate delays especially for the first week.**

BUS 7: Teen Treks

PICK UP

DROP OFF

VISTA COMMUNITY HOUSE	8:10 am	3:35 pm
OAKRIDGE COMMONS	8:20 am	3:25 pm
MEADOW POND ELEMENTARY SCHOOL	8:35 am	3:20 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

BUS 8: Teen Treks

PICK UP

DROP OFF

LEWISBORO ELEMENTARY SCHOOL	8:35 am	3:10 pm
LEWISBORO TOWN PARK (at BBall courts)	8:45 am	3:05 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

BUS 9: Teen Treks

PICK UP

DROP OFF

KATONAH ELEMENTARY SCHOOL	8:10 am	3:30 pm
INCREASE MILLER ELEMENTARY SCHOOL	8:40 am	3:20 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

***NOTE: TEEN TREKS CAMPERS ON THE SWIM TEAM WILL WALK ACROSS THE FOOT BRIDGE TO THE BASKETBALL COURTS AND BOARD THE BUS TO JJ HIGH SCHOOL THAT ARRIVES AT 8:45AM.

NOTE: (1) DUE TO THE LARGE NUMBER OF BUS RIDERS AND THE MAXIMUM BUS CAPACITY, WE ASK THAT BUS TRANSPORTATION BE USED ON A REGULAR BASIS AND THAT YOU PRE-REGISTER FOR THIS SERVICE.

(2) WE CANNOT ACCOMMODATE GUESTS ON YOUR CAMPER'S BUS.

(3) THERE IS BUS SERVICE FOR LATE RETURNING TRIPS UNLESS OTHERWISE NOTED IN THE SCHEDULE.

Bus Stops

It is the caregiver's responsibility to be at the bus stop to pick up their camper. A written note from the caregiver must be turned into the bus driver if the camper is allowed to walk home from the bus stop, is to be picked up by someone other than their caregiver, or if the camper will not be taking the bus home on a particular day. If a caregiver is going to be delayed, they must notify the Camp Director or Recreation Office and have someone at the bus stop to pick up their camper. We cannot leave your camper unattended without express written consent from a primary caregiver/guardian. **If, after 5 minutes of waiting, your camper is not picked up, they will be brought to the After Hours program (up until 6:00 pm) where the caregiver is expected to pick up the camper if they have not turned in the aforementioned form.** At times, two to three buses may be arriving at a bus stop at one time. In order to assure that all campers are unloaded safely and to account for the children at all times, the caregiver or authorized guardian must approach the bus door to retrieve their camper. At that time your camper will be let off the bus. Transportation is a privilege and can be revoked at any time due to misconduct.

Notes

For the safety of your camper, written parental permission (note) must be sent for the following:

- If your camper is to leave camp with a friend, neighbor, relative or someone other than their usual ride.
- To give your camper permission to walk home from the bus stop without you meeting them there
- To ride a bike home from John Jay High School or their assigned bus stops

If your camper's counselor does not receive a note, your camper will not be released until you have been contacted. For car pools or arrangements that will last the summer, one note specifying the days and persons picking up/dropping off your camper will be kept on file for the summer. Each caregiver must send a note specifying the above. If something changes in your car pool, a new note must be sent.

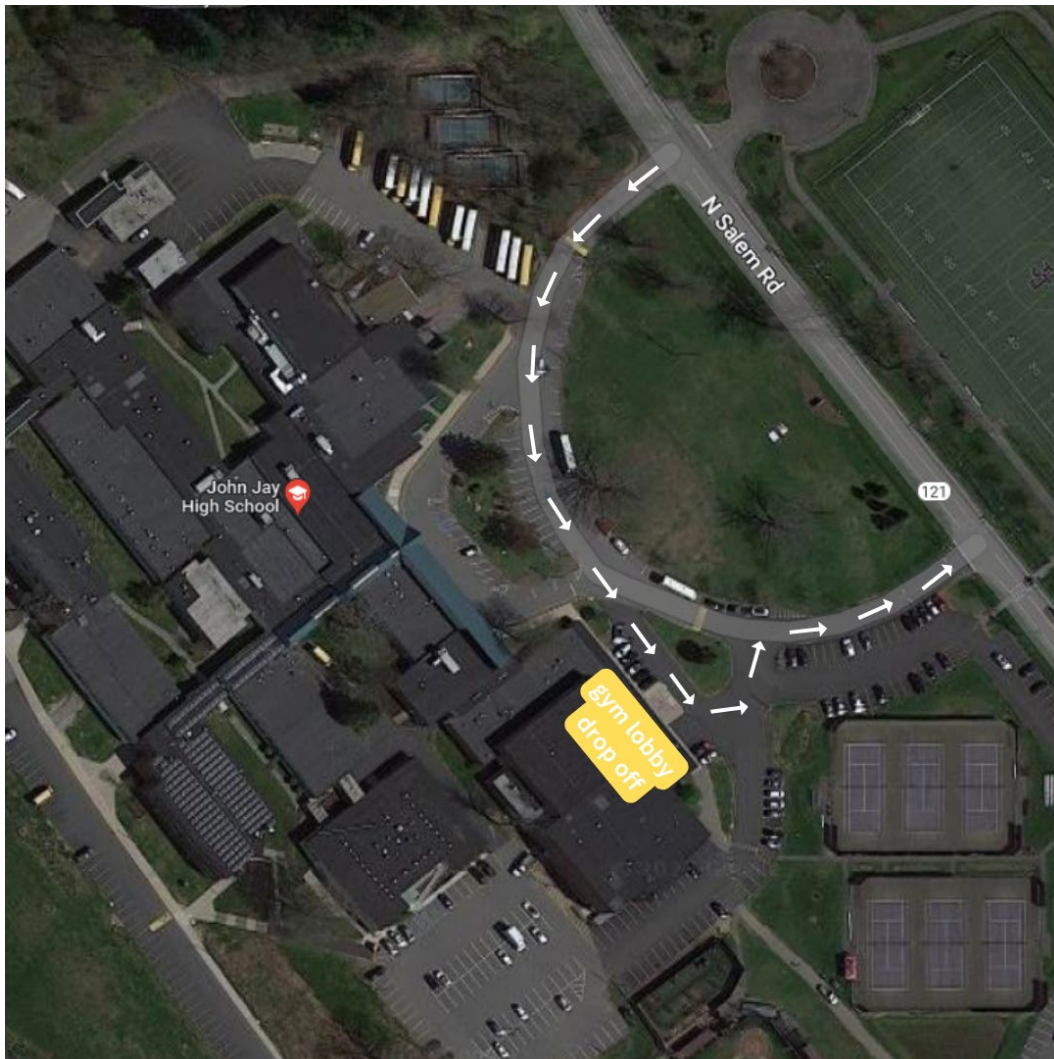
Late Caregivers

In order to cover unbudgeted expenses, the Town will charge \$20/child per every 15 minutes of supervision past program end time with the first 15 minutes as a grace period (unless the grace period is abused consistently.)

Arrivals & Departures

The arrival and departure procedure at each campsite is of utmost importance. We ask that you follow the flow of traffic and the instructions of the traffic coordinator. Parking should only be in the designated parking areas and for the safety of the campers, please do not pass while in line.

Please refer to the map on page 10 for more information.



Camp Essentials

Camp Shirts

Each camper will receive two camp shirts on their first day of camp. **THESE SHIRTS MUST BE WORN DAILY. YOUR CHILD WILL NOT GO ON ANY TRIPS WITHOUT THEIR T-SHIRT ON.** This helps us identify your camper at the various trip facilities. This is also a New York State and Westchester County Health Department regulation. Additional camp shirts are on sale for \$7 a piece at the Recreation Office. Camp Shirts will be handed out at parent orientation or on the first day of camp to be worn that day.

Lunch and Drink

There are trips that require campers to bring lunch. Campers who will be bringing lunch on trips are asked to bring non-perishable foods only. We recommend sending lunches packed with a freezer pack.

NO GLASS CONTAINERS OR GUM CHEWING ALLOWED ON THE BUSES!

Cashless Parks

Quite a few of the amusement/water parks we are visiting this year have switched to all cashless payment. We suggest that you fill a prepaid debit card for your child for these trips so that they can purchase their lunch. This will minimize the amount of time spent on transferring cash to cards at the parks, and will give campers more time to enjoy the rides and amusements. Cashless parks include: SIX FLAGS GREAT ADVENTURE, DORNEY PARK, and LAKE COMPOUNCE. This will be noted in the trip calendar as well.

Additional Expenses

All trips and admissions to facilities are paid for through your registration fees. However, money for lunch (when not included), arcade money, gift shops, souvenirs, etc. are not included. Please consider this before each of your child's trips.

Zero-Tolerance Policy

NOTE - Teen Camp is designed for the mature, responsible teen. We have a **ZERO TOLERANCE POLICY** (please refer to the behavior policy that accompanied your registration forms) if your child is verbally or physically abusive to any of the staff, peers, or other patrons, they will be dismissed from camp without a refund. On some trips, 8th & 9th graders have the opportunity to go off in small groups on their own and have regular meeting times scheduled throughout the day. Abuse of this privilege can result in suspension from camp without credit or refund. We encourage caregivers to explain to their campers the responsibility that comes with being a camper in this camp. If you do not wish your child to be extended this privilege, you must send a note to the Camp Director indicating this.

Trip Calendar & Information

Date	Event	Time	Lunch	Waiver Required
Monday, July 1	POOL PARTY (Town Park Pool) Join the celebration as we welcome another year of camp. There is sure to be lots of fun, games and food. Bring a bathing suit, towel, and sunblock! All campers will be tested on their swimming abilities.	9am - 3pm	Included <i>Pizza</i> <i>Gluten Free available upon request</i>	NO
Tuesday, July 2	AMERICAN DREAM (East Rutherford, NJ) Campers will spend the day at Nickelodeon Universe, an indoor amusement park. Afterward, they will enjoy a game of Angry Birds Mini Golf.	9am - 4pm	Included <i>Dining card with participating restaurants (list and options on page 15)</i>	NO
Wednesday, July 3	IFLY (Yonkers, NY) There's no other feeling in the world quite like indoor skydiving. iFLY's state-of-the-art wind tunnels are designed to provide a safe flight experience, memories that will last a lifetime, and a unique story to tell!	9am-3pm	Must Bring	YES
Thursday, July 4	NO CAMP! HAPPY 4th OF JULY!			
Tuesday, July 9	DAVE & BUSTER'S (Nyack, NY) Campers will receive unlimited video game play, a \$20 supercharged power card, and a \$20 youth playoff power card. We suggest sending campers with extra money to add more chips to their cards.	9am - 3pm	Included <i>Cheeseburger sliders, Pizza bites, Crispy chicken bites, Baked Mac & Cheese, French Fries & soda</i>	NO

Wednesday, July 10	POWDER RIDGE (Middlefield, CT) Campers will enjoy everything Powder Ridge has to offer, including zip lines, paintball, mountain biking, water slides, and sling shots.	9am - 5pm	Included <i>All you can eat various food stations</i>	YES
Thursday, July 11	GRAND PRIX (Mount Kisco, NY) Grand Prix New York is the region's premier venue in entertainment with go-kart racing, GPX ninja course, bowling, and an arcade! SKYZONE (Mount Kisco, NY) Jump to your heart's content, play video games, and hang out in the foam pits!	9am-5pm	Lunch is Provided <i>McDonald's</i>	YES
Tuesday, July 16	LAKE COMPOUNCE (Bristol, CT) Lake Compounce is the premier family theme park & water park in New England and the oldest continuously operating amusement park in North America. Bring an extra set of clothes to go home in, campers will get wet! Don't forget the sunblock.	9am - 6pm	Must Buy CASHLESS	NO
Wednesday, July 17	IMAX MOVIE (West Nyack, NJ) Campers will enjoy an IMAX movie complete with snacks and a drink. After the movie, campers will have time to walk around the Palisades Mall before returning home.	9am - 4pm	Must Buy <i>Snacks like popcorn and a drink included for the movie</i>	NO
Thursday, July 18	SPLASHDOWN (Fishkill, NY) Enjoy the water rides, slides, and lazy river. Bring an extra set of clothes to go home with. Don't forget the sunblock!	9am - 4pm	Included <i>Pizza, bag of chips, chocolate chip cookie & water</i>	NO
Tuesday, July 23	BROWNSTONE PARK (Portland, CT) Get ready for an adventurous day! Experience water sports, rock climbing, zip lining, and many more outdoor adventures.	9am - 6pm	Must Bring	YES

Wednesday, July 24	SLOO MOO INSTITUTE (New York, NY) Get your hands dirty while making your own slime and learning the science behind it. Campers will leave with the slime that they have created.	9am - 3pm	Included <i>TBD</i>	NO
Thursday, July 25	ROUND 1 (Danbury, CT) Experience the new bowling alley at the Danbury Mall! Arcade games and bowling are included. Campers will have the opportunity to walk around the Danbury Mall if time permits.	9am - 3pm	Must Buy <i>Food Court</i>	NO
Tuesday, July 30	FARMINGTON RIVER TUBING (New Hartford, CT) Farmington River Tubing will put you and your friends in specially designed river tubes for a 2.5 mile ride down the wild and scenic Farmington River. Traveling over three sets of rapids, campers will experience a thrill as they splash through the white water.	9am - 5pm	Must Bring	YES
Wednesday, July 31	GRAND CENTRAL SCAVENGER HUNT (New York, NY) Secret City joins us for an awesome Grand Central themed scavenger hunt. Campers will be broken up into teams and enjoy a scavenger hunt while learning all about the history of Grand Central Station.	9am - 5pm	Included <i>Virgil's Barbeque</i>	NO
Thursday, August 1	SIX FLAGS GREAT ADVENTURE (Jackson, NJ) There's no end to the fun and entertainment at Six Flags. This trip includes all day admission to go on all the rides and the water park.	8am - 7pm	Included <i>One meal, snacks, and unlimited drinks at participating locations throughout the park</i>	NO

Tuesday, August 6	DORNEY PARK (Allentown, PA) Admission includes access to the amusement park which has over 50 rides and Wildwater Kingdom. Campers should bring a change of clothes to ride home in. Campers will be taking a coach bus to and from Dorney Park. We will still be providing bus service to/from camp this day.	8am - 8pm	Must Buy CASHLESS <i>*Unlimited drinks are included. Campers will receive a wristband.</i>	NO
Wednesday, August 7	THRILLZ/JUMPZ (Danbury, CT) Indoor trampoline park where campers can soar in open jump arenas, play trampoline dodge ball and basketball, or do endless flips and somersaults.	9am-3pm	Included <i>Pizza & Bottled Water</i>	YES
Thursday, August 8	XTREME PLAY (Danbury, CT) This adrenaline park in Danbury, Connecticut has no shortage of entertainment for people of all ages. Virtual reality experiences, ninja warrior courses, multi-level ropes courses, climbing walls, a three-level ballistics play unit, bumper kart track, XD motion theater, large gaming arcade and an immersive laser tag experience round out their offerings.	9am - 3pm	Must Bring	YES

WAIVERS

PARENTAL CONSENT IS NEEDED FOR THE TRIPS LISTED BELOW. PLEASE FIND ALL WAIVERS OR LINKS AT OUR WEBSITE: www.lewisbororecreation.com

BROWNSTONE PARK

THRILLZ/JUMPZ

GRAND PRIX

FARMINGTON RIVER TUBING

iFLY

XTREME PLAY

POWDER RIDGE

SKYZONE



AMERICAN DREAM[®]



CARD USE INSTRUCTIONS:

1. Choose to dine at one of the participating restaurants listed below.
2. Before you order, please inform the cashier that you will be using a \$15 card.
3. Select and order your meals from the pre-set menus listed below.
4. Give the card(s) to the cashier to pay for the set meals. Any additional orders must be paid for separately.
5. Enjoy your meals!

Note: There is no refund or credit for unused cards.

**The card is issued by Pathward[®], National Association, Member FDIC*

Cortaditos – A Court, Level 2

1. Cubano + Jupina: Our classic Cuban sandwich paired with a delicious, Cuban soda.
2. Pollo Loco + Limonada: Our delicious chicken sandwich and homemade lime-ade.
3. Veggie Sandwich + Jugo de Melon: A great vegetarian option! Veggie sandwich and our delicious, homemade watermelon juice.

Sushi Express – C Court, Level 3

1. One "Special Roll"* + Choice of Bottled Beverage. *Choice of one: dragon roll, rainbow roll, phoenix roll, volcano roll, crazy salmon roll, American Dream roll, pink lady roll, or crazy tuna roll
2. Two (2) x Box A* + Choice of Bottled Beverage. *Each box includes one choice from the following: seaweed salad, crabmeat salad, California roll, cucumber avocado roll, Philadelphia roll, salmon avocado roll, shrimp tempura roll, spicy crab roll, spicy salmon roll, or spicy tuna roll.

MrBeast Burger – A Court, Level 3

1. Chandler Burger + Fries + Choice of bottled water or soda + Chocolate Chip Cookie
2. Crispy Chicken Sandwich + Fries + Choice of bottled water or soda + Chocolate Chip Cookie (Vegetarian option on request only)

Mr. Mian – C Court, Level 3

1. Braised Beef Noodle Soup + Large Fountain Soda
2. Family Buns* + Large Fountain Soda *includes one of each of the following: 1 shrimp dumpling, 1 chicken siu mai, 1 shrimp siu mai, 1 beef bun, 1 vegetable dumpling, 1 pork soup dumpling, 1 salted egg black bun

Bravo Kosher Pizza – C Court, Level 3

1. One cheese slice, one small french fries and a large fountain soda
2. One cheese slice, one specialty slice and a large fountain soda
3. Two cheese slices and one small french fries

Falafel Inc. – C Court, Level 3

1. Halal Chicken & Rice Combo: Halal Chicken & Rice Bowl + Medium Fountain Drink + Fries
2. Falafel Sandwich Combo: Falafel Sandwich + Medium Fountain Drink + Fries
3. Shawarma Rice Bowl Combo: Shawarma Rice Bowl + Medium Fountain Drink + Fries

King Kong Express – C Court, Level 3

1. Combo A* & Large Fountain Soda* Choose any three from the following: fried rice, white rice, fried noodles, general Tso's chicken, broccoli chicken, sweet and sour chicken, fried shrimp, fried dumplings, pepper steak, vegetable salad, vegetable spring roll, plantains.

Dunkin' – Between A Court and Parks, Court Level 1

1. Sourdough Breakfast Sandwich + two Donuts + Medium Iced Latte
2. Avocado Toast + Choice of Medium Refresher + two Donuts + six Hash Browns
3. Egg and Cheese Sandwich with choice of Veggie Bacon OR Sausage + 10 Munchkins + Medium Iced Coffee + two Mini Bagels (w/ cream cheese)

Chickies – C Court, Level 3

1. Fingers and Fries + fountain soda
2. Poppers and Fries + fountain soda
3. 2 Hot Dogs and Fries + fountain soda