

6th-8th Grade TEEN TREKS 5 DAY

2024

📅 Monday, July 1st - Friday, August 9th 📅

PARENT HANDBOOK

Recreation Department: (914) 232-6162





Summer 2024

Dear Caregivers,

We would like to welcome you and your child to the 2024 Lewisboro Teen Treks 5-day camp program. We are very excited to bring this full travel camp to our residents. We hope the following information will be helpful in making your child's summer an enjoyable one. We would like to remind you that camp home base will be at **John Jay High School** this summer.

We have added some new trips this year and have once again offered some of our more popular trips. We hope the enclosed information will be helpful to you in planning for your child's Teen Treks experience.

This year we will be running 3 different buses - two for the 3-day program and one for the 5-day program. In an ideal world, your camper(s) would be able to pick the bus they would like to ride, but due to strict Health Department regulations as well as the Recreation Department policies your camper is assigned to a particular bus and there will be **NO switching**. All buses will follow a schedule which has them attending most of the same trips (with the exception of iFly and Spins).

The first day of camp is sometimes a difficult situation for parents, campers, and staff. We hope the information outlined in this booklet will minimize any confusion or questions you may have. Therefore, we encourage you to take the time to read and understand this booklet and the policies and procedures contained within, and to please feel free to call should you have any questions.

We look forward to having your campers with us this summer and we are committed to providing a safe, fun-filled camp experience for them.

Sincerely yours,

A large, stylized handwritten signature in black ink, appearing to be 'Katie Coluccini', written over a long horizontal line.

Katie Coluccini, Camp Operator

THE LEWISBORO RECREATION DEPARTMENT
and THE LEWISBORO TEEN TREKS CAMP STAFF

Table of Contents

Page	Subject
4	General Camp Information
4	Rainy Days
5	Swimming
5	Medical Forms
6	Transportation
9	Arrival/Departure at the Campsite
10	Camp Essentials
11	Trip Calendar & Information
17	Waivers

General Camp Information

Staff

The Town of Lewisboro Teen Treks Program is run under the direction of a trained staff of professionals and counselors. Our Teen Treks Directors are educators in the state of New York. Our counselors are all college students or graduates with prior experience as a camp counselor or experience working with children, especially with this age group.

Our Aquatics Director is Jessie Crane. This is Jessie's first year as Aquatics Administrator, and it is her second year working in aquatics at the Lewisboro Town Pool. She previously worked at the Bedford Golf & Tennis Club. Jessie will be working with her assistant, Ryan Giner, and a team of eleven instructors/lifeguards this upcoming summer overseeing the Town Camp Aquatics.

The Town of Lewisboro works cooperatively with the Katonah-Lewisboro School District who provides all transportation to and from camp under supervision of our transportation coordinator Chris DiLillo. He has been employed with The Town of Lewisboro Parks and Rec summer camp program since 2011. He is so happy to have such an experienced transportation staff, that will make for a safe, enjoyable, and successful 2024 summer camp.

Under New York State and Westchester County Health Department regulations, we must have one staff member per 200 campers certified in CPR for the Professional Rescuer and one staff member per 200 campers certified in American Red Cross Responding to Emergencies First Aid. The Town of Lewisboro Teen Camp exceeds these requirements.

Permit

The Town of Lewisboro Teen Camp Program:

- 1) Must have a permit to operate from the Westchester County Health Department
- 2) Is required to be inspected twice yearly

Inspection reports and required camp written safety, medical, and fire safety plans are on file at the Westchester County Health Department, Bureau of Public Health Protection located in Mt. Kisco, NY and are available for your review.

Rainy Days

In the event of inclement weather/rain, a rainy day schedule will be implemented, i.e.; bowling, movie, etc.

Please be advised that trips that are cancelled due to bad weather may not always be able to be rescheduled. Also, please note, trips that are cancelled due to inclement weather that were

scheduled for a late pick-up (after 3:00 pm) will be picked up at **3:00 pm**, therefore, campers must be picked up where they were dropped off that morning or at their respective bus stop. Should you have any questions as to the time of pick-up, please call the Recreation Office at (914) 232-6162, or check out our website www.lewisbororecreation.com under CAMP, or Facebook under Lewisboro Parks and Recreation Department.

Swimming

On occasion, campers may swim at the Town Park Pool for recreational swimming. This will usually occur when a trip is leaving late. In addition, swimming trips to various swimming facilities/water parks may have been planned. Under New York State and Westchester County Health Department regulations, all non-swimmers must be readily identifiable, i.e.; wear a bathing cap, wrist band, etc. The Town of Lewisboro Teen Camp will be using neon wristbands to identify our non-swimmers. In addition, our campers who are classified as swimmers will be wearing a different colored neon wristband. This has been added as an extra level of safety to ensure that a non-swimmer cannot take off their wristband and proceed to a swimmer area (which formerly did not use wristbands). Therefore, all campers must wear a wristband in order to swim. Wristbands will be given to each camper and then collected after their swim time.

ALL CAMPERS WILL BE TESTED TO DETERMINE THEIR LEVEL OF SWIMMING ABILITY ON THE FIRST DAY OF CAMP. WE ARE HIGHLY ENCOURAGING ALL TEEN TREK CAMPERS TO MAKE AN APPOINTMENT WITH THE POOL STAFF (IF THE POOL OPENS BEFORE CAMP) TO GET TESTED BEFORE CAMP STARTS. LATE ENTERING CAMPERS MUST MAKE ARRANGEMENTS THROUGH THE TEEN CAMP DIRECTOR AND AQUATICS DIRECTOR TO BE TESTED PRIOR TO THEIR FIRST SWIMMING ACTIVITY. CAMPERS MUST BE TESTED AND MUST BRING THEIR BATHING SUIT AND TOWELS ON JUNE 26th FOR THE POOL PARTY.

CAMPERS WILL NOT BE PERMITTED TO ATTEND ANY BATHING FACILITY/WATER TRIPS UNTIL THEY HAVE BEEN TESTED.

NON-SWIMMERS MAY BE PROHIBITED FROM ATTENDING CERTAIN WATER RELATED TRIPS (i.e.; Farmington River Tubing) WHERE DIRECT SUPERVISION IS NOT PROVIDED. FINAL TRIP APPROVAL FOR NON-SWIMMERS IS LEFT TO THE DISCRETION OF THE TEEN CAMP DIRECTOR AND THE RECREATION OFFICE.

Medical Forms

New York State and Westchester County Health Department regulations require that all children attending private or public day, travel, or sleep away camps must have their medical history on file

BEFORE they may start camp. If you do not have your form on file prior to the start of camp, your child will not be admitted to camp until the form is completed.

If your child is required to take any type of medication during camp hours, a Medical Authorization Form **MUST** be filled out by the primary caregiver **AND** physician, and handed in with the medication the first day your child attends camp. This includes inhalers that may only be needed on an as needed basis. Medication will be left with the camp's on-site assistant health director who will oversee and supervise the child in self-administering their own medication. By law, camp personnel cannot dispense internal medications to the child unless they are a NYS licensed physician, nurse practitioner, physician assistant or registered nurse. Written permission can be given by both the physician and primary caregiver to allow the camper to carry medication that is needed for emergency purposes (i.e.; epi-pen; asthma inhaler).

Transportation

Bus Rules

Campers will be transported by a Katonah-Lewisboro School bus for all their trips. Bus rules at school apply to camp as well. Proper bus behavior will be strictly enforced. Rules to follow are:

- No sticking any part of the body out of the windows
- No throwing objects in or around the bus or out of the bus
- No shouting from or in the bus
- No standing in or moving through the aisles of the bus
- Campers and staff must remain seated until the bus has come to a complete stop
- No rough housing on the bus
- No speaking to, calling to, or signaling to passing motorists or other persons outside the bus
- No gum chewing at any time on the bus
- No eating or drinking on the bus, except water (unless special permission is given by the bus driver and camp director for extended trips)

Bus Routes

If your child is registered for bus transportation, below is the morning and afternoon drop off/pick up schedule. Please be advised these times are approximate and unforeseen traffic, road construction, weather, etc. may cause an occasional delay. **Please anticipate delays especially for the first week.**

BUS 7: Teen Treks

PICK UP

DROP OFF

VISTA COMMUNITY HOUSE	8:10 am	3:35 pm
OAKRIDGE COMMONS	8:20 am	3:25 pm
MEADOW POND ELEMENTARY SCHOOL	8:35 am	3:20 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

BUS 8: Teen Treks

PICK UP

DROP OFF

LEWISBORO ELEMENTARY SCHOOL	8:35 am	3:10 pm
LEWISBORO TOWN PARK (at BBall courts)	8:45 am	3:05 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

BUS 9: Teen Treks

PICK UP

DROP OFF

KATONAH ELEMENTARY SCHOOL	8:10 am	3:30 pm
INCREASE MILLER ELEMENTARY SCHOOL	8:40 am	3:20 pm
JOHN JAY HIGH SCHOOL	9:00 am ARRIVAL	3:00 pm LEAVE

***NOTE: TEEN TREKS CAMPERS ON THE SWIM TEAM WILL WALK ACROSS THE FOOT BRIDGE TO THE BASKETBALL COURTS AND BOARD THE BUS TO JJ HIGH SCHOOL THAT ARRIVES AT 8:45AM.

NOTE: (1) DUE TO THE LARGE NUMBER OF BUS RIDERS AND THE MAXIMUM BUS CAPACITY, WE ASK THAT BUS TRANSPORTATION BE USED ON A REGULAR BASIS AND THAT YOU PRE-REGISTER FOR THIS SERVICE.

(2) WE CANNOT ACCOMMODATE GUESTS ON YOUR CAMPER'S BUS.

(3) THERE IS BUS SERVICE FOR LATE RETURNING TRIPS UNLESS OTHERWISE NOTED IN THE SCHEDULE.

Bus Stops

It is the caregiver's responsibility to be at the bus stop to pick up their camper. A written note from the caregiver must be turned into the bus driver if the camper is allowed to walk home from the bus stop, is to be picked up by someone other than their caregiver, or if the camper will not be taking the bus home on a particular day. If a caregiver is going to be delayed, they must notify the Camp Director or Recreation Office and have someone at the bus stop to pick up their camper. We cannot leave your camper unattended without express written consent from a primary caregiver/guardian. **If, after 5 minutes of waiting, your camper is not picked up, they will be brought to the After Hours program (up until 6:00 pm) where the caregiver is expected to pick up the camper if they have not turned in the aforementioned form.** At times, two to three buses may be arriving at a bus stop at one time. In order to assure that all campers are unloaded safely and to account for the children at all times, the caregiver or authorized guardian must approach the bus door to retrieve their camper. At that time your camper will be let off the bus. Transportation is a privilege and can be revoked at any time due to misconduct.

Notes

For the safety of your camper, written parental permission (note) must be sent for the following:

- If your camper is to leave camp with a friend, neighbor, relative or someone other than their usual ride.
- To give your camper permission to walk home from the bus stop without you meeting them there
- To ride a bike home from John Jay High School or their assigned bus stops

If your camper's counselor does not receive a note, your camper will not be released until you have been contacted. For car pools or arrangements that will last the summer, one note specifying the days and persons picking up/dropping off your camper will be kept on file for the summer. Each caregiver must send a note specifying the above. If something changes in your car pool, a new note must be sent.

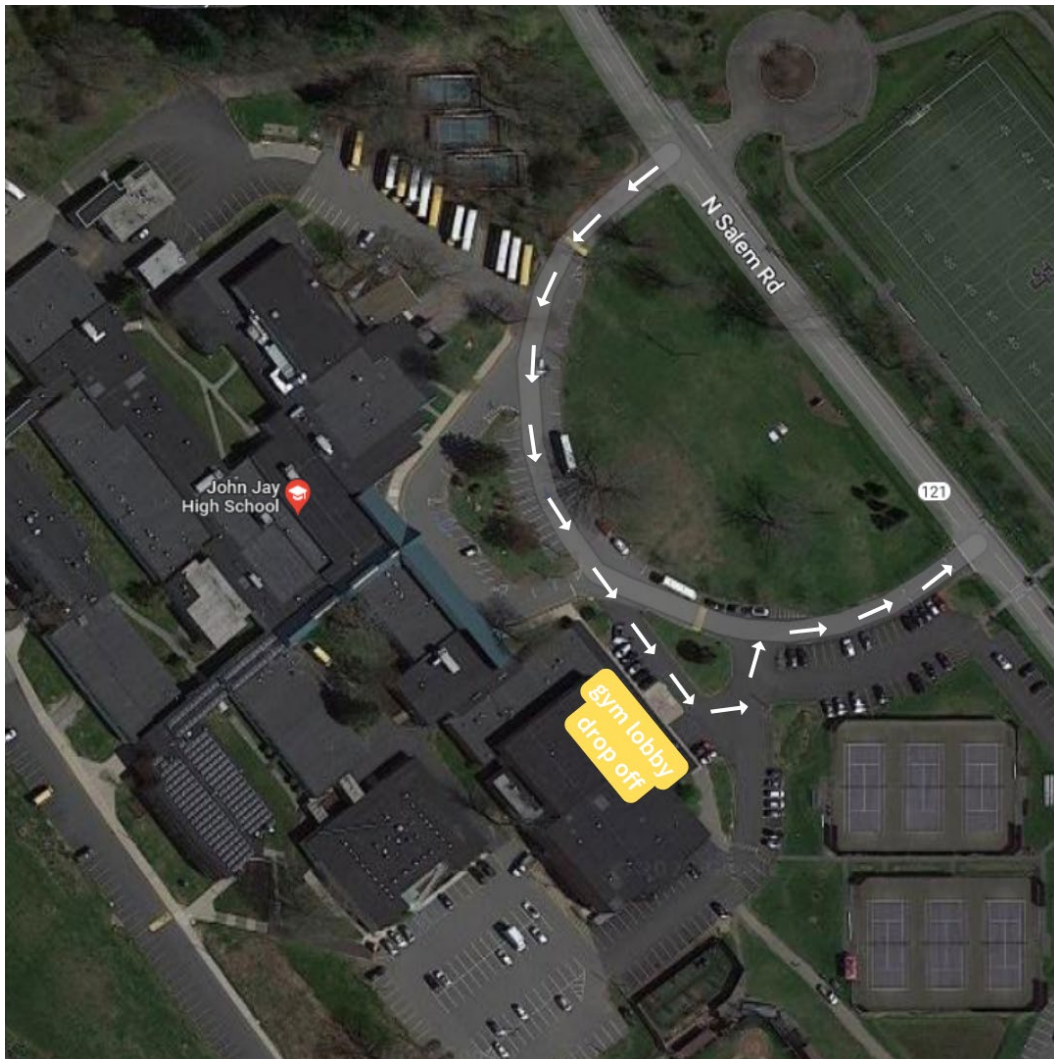
Late Caregivers

In order to cover unbudgeted expenses, the Town will charge \$20/child per every 15 minutes of supervision past program end time with the first 15 minutes as a grace period (unless the grace period is abused consistently.)

Arrivals & Departures

The arrival and departure procedure at each campsite is of utmost importance. We ask that you follow the flow of traffic and the instructions of the traffic coordinator. Parking should only be in the designated parking areas and for the safety of the campers, please do not pass while in line.

Please refer to the map on page 10 for more information.



Camp Essentials

Camp Shirts

Each camper will receive two camp shirts on their first day of camp. **THESE SHIRTS MUST BE WORN DAILY. YOUR CHILD WILL NOT GO ON ANY TRIPS WITHOUT THEIR T-SHIRT ON.** This helps us identify your camper at the various trip facilities. This is also a New York State and Westchester County Health Department regulation. Additional camp shirts are on sale for \$7 a piece at the Recreation Office. Camp Shirts will be handed out at parent orientation or on the first day of camp to be worn that day.

Lunch and Drink

There are trips that require campers to bring lunch. Campers who will be bringing lunch on trips are asked to bring non-perishable foods only. We recommend sending lunches packed with a freezer pack.

NO GLASS CONTAINERS OR GUM CHEWING ALLOWED ON THE BUSES!

Cashless Parks

Quite a few of the amusement/water parks we are visiting this year have switched to all cashless payment. We suggest that you fill a prepaid debit card for your child for these trips so that they can purchase their lunch. This will minimize the amount of time spent on transferring cash to cards at the parks, and will give campers more time to enjoy the rides and amusements. Cashless parks include: SIX FLAGS GREAT ADVENTURE, CITI FIELD, DORNEY PARK, and LAKE COMPOUNCE. This will be noted in the trip calendar as well.

Additional Expenses

All trips and admissions to facilities are paid for through your registration fees. However, money for lunch (when not included), arcade money, gift shops, souvenirs, etc. are not included. Please consider this before each of your child's trips.

Zero-Tolerance Policy

NOTE - Teen Camp is designed for the mature, responsible teen. We have a **ZERO TOLERANCE POLICY** (please refer to the behavior policy that accompanied your registration forms) if your child is verbally or physically abusive to any of the staff, peers, or other patrons, they will be dismissed from camp without a refund. On some trips, 8th & 9th graders have the opportunity to go off in small groups on their own and have regular meeting times scheduled throughout the day. Abuse of this privilege can result in suspension from camp without credit or refund. We encourage caregivers to explain to their campers the responsibility that comes with being a camper in this camp. If you do not wish your child to be extended this privilege, you must send a note to the Camp Director indicating this.

Trip Calendar & Information

Date	Event	Time	Lunch	Waiver Required
Monday, July 1	POOL PARTY (Town Park Pool) Join the celebration as we welcome another year of camp. There is sure to be lots of fun, games and food. Bring a bathing suit, towel, and sunblock! All campers will be tested on their swimming abilities.	9 am - 3pm	Included <i>Pizza</i> <i>Gluten Free available upon request</i>	NO
Tuesday, July 2	URBAN AIR (Orange, CT) Urban Air Adventure Park is much more than a trampoline park. If you're looking for the best year-round indoor attractions, Urban Air is the perfect place. With new adventures behind every corner, they are the ultimate indoor playground for the entire family. Urban Air Adventure Park is the best place for jumping, climbing, riding, playing, and is fun for all ages.	9am - 4pm	Included <i>Pizza</i> <i>Cheese & Pepperoni with a bottle of water</i>	YES
Wednesday, July 3	MEDIEVAL TIMES (Lyndhurst, NJ) Campers will feast on a medieval banquet while watching an exciting equestrian tournament. Brave knights on horseback will compete in daring medieval games, jousting matches, and sword fights. A camp favorite!	9am-3pm	Included <i>TBD</i>	NO
Thursday, July 4	NO CAMP! HAPPY 4th OF JULY!			
Friday, July 5	THRILLZ/JUMPZ (Danbury, CT) Indoor trampoline park where campers can soar in open jump arenas, play trampoline dodge ball and basketball, or do endless flips and somersaults.	9am-3pm	Included <i>Pizza & Bottled Water</i>	YES

Monday, July 8	XTREME PLAY (Danbury, CT) This adrenaline park in Danbury, Connecticut has no shortage of entertainment for people of all ages. Virtual reality experiences, ninja warrior courses, multi-level ropes courses, climbing walls, a three-level ballistics play unit, bumper kart track, XD motion theater, large gaming arcade and an immersive laser tag experience round out their offerings.	9am - 3pm	Must Bring	YES
Tuesday, July 9	SPYSCAPE (New York, NY) Spyscape combines immersive interactive adventures in secret worlds with authentic personal profiles from M16 psychologists. We inspire campers to explore how history, design, psychology, and STEM shape our lives.	9am-3pm	Included <i>TBD</i>	NO
Wednesday, July 10	BIKE & HIKE TOUR (Wassaic, NY) This tour includes bike rentals, helmets, snacks, drinks, van support, and Bicycle Tour Company guides. The ride is a flat, scenic, eight mile bike around Lake Waramaug and the hike affords breathtaking views of the lake and surrounding area. Campers will get a swimming and lunch break at the beach area.	9am - 5pm	Must Bring	NO
Thursday, July 11	CLUB GETAWAY (Kent, CT) Club Getaway is set on 300 acres overlooking a sparkling lake in the beautiful Berkshire Mountains of Kent, Connecticut. Campers can participate in water activities or land activities like a zip line or rock-climbing wall.	9am-5pm	Lunch is Provided <i>TBD</i>	NO
Friday, July 12	THE CASTLE (Chester, NY) There's always fun available at the Castle! A two-level ballocity foam ball play, multi-level laser tag, rock wall, laser maze, arcade & outdoor amusements as well!	9am - 3pm	Must Bring	NO

Monday, July 15	<p>MARITIME AQUARIUM: Campers will do a self-guided tour of the aquarium and see a 45 minute show about sea life.</p> <p>BOWLERO (Norwalk, CT): Campers will team up, hit the lanes and will have a great time bowling! After bowling, campers may play in the arcade.</p>	9am - 3pm	<p>Lunch is Provided</p> <p><i>Mac & Cheese bites, Chicken tenders & French fries</i></p>	NO
Tuesday, July 16	<p>LAKE COMPOUNCE (Bristol, CT) Lake Compounce is the premier family theme park & water park in New England and the oldest continuously operating amusement park in North America. Bring an extra set of clothes to go home in, campers will get wet! Don't forget the sunblock.</p>	9am - 6pm	<p>Must Buy</p> <p>CASHLESS</p>	NO
Wednesday, July 17	<p>NICKELODEON UNIVERSE (East Rutherford, NJ) One-of-a-kind rides and experiences that can be enjoyed by anyone from kids to thrill-seekers! Character appearances, numerous kid-friendly rides, record-breaking roller coasters, and more! There is something for everyone.</p>	9am - 4pm	<p>Must Buy</p>	NO
Thursday, July 18	<p>SPLASHDOWN (Fishkill, NY) Enjoy the water rides, slides, and lazy river. Bring an extra set of clothes to go home with. Don't forget the sunblock!</p>	9am - 3pm	<p>Included</p> <p><i>Pizza, bag of chips, chocolate chip cookie & water</i></p>	NO
Friday, July 19	<p>GRAND PRIX (Mount Kisco, NY) Grand Prix New York is the region's premier venue in entertainment with go-kart racing, GPX ninja course, bowling, and an arcade!</p>	9am - 3pm	<p>Must Bring</p>	NO
Monday, July 22	<p>YANKEES GAME (Bronx, NY) Take me out to the ball game! Campers will enjoy a baseball game at iconic Yankee Stadium!</p>	9am-6pm	<p>Must Buy</p> <p>CASHLESS</p>	NO

Tuesday, July 23	BROWNSTONE PARK (Portland, CT) Get ready for an adventurous day! Experience water sports, rock climbing, zip lining, and many more outdoor adventures.	9am - 6pm	Must Bring	YES
Wednesday, July 24	SPINS HUDSON (Peekskill, NY) Spins Hudson is the largest entertainment venue on the Hudson. This is a 40, 000 square feet of intense adventure including aerial ropes course, axe throwing, two story laser tag arena, and more! OR IFLY (Yonkers, NY) There's no other feeling in the world quite like indoor skydiving. iFLY's state-of-the-art wind tunnels are designed to provide a safe flight experience, memories that will last a lifetime, and a unique story to tell!	9am - 3pm	Must Bring	YES
Thursday, July 25	SPINS HUDSON (Peekskill, NY) Spins Hudson is the largest entertainment venue on the Hudson. This is a 40, 000 square feet of intense adventure including aerial ropes course, axe throwing, two story laser tag arena, and more! OR IFLY (Yonkers, NY) There's no other feeling in the world quite like indoor skydiving. iFLY's state-of-the-art wind tunnels are designed to provide a safe flight experience, memories that will last a lifetime, and a unique story to tell!	9am - 3pm	Must Bring	YES
Friday, July 26	BRONX ZOO (Bronx, NY) The Bronx Zoo is a zoo located within Bronx Park in the Bronx, a borough of New York City. It is one of the largest zoos in the United States by area, comprising 265 acres of park lands and naturalistic habitats separated by the Bronx River.	9am to 3pm	Buy or Bring	NO

Monday, July 29	CLIMB ADVENTURE PALISADES MALL (West Nyack, NY) The world’s tallest indoor ropes course. Palisades Climb will provide adventure, thrills and excitement. Located indoors on Level Four of the Palisades Center.	9am-3pm	Must Buy	NO
Tuesday, July 30	ACTIVATE (East Rutherford, NJ) Enter the game where you become the player in the world’s first active gaming facility. Jump, climb, problem-solve and laugh, as you and your friends move between challenges. Each dynamic game room has interactive technology that reacts in real time, ensuring an adrenaline-filled adventure. & ANGRY BIRDS MINI GOLF (East Rutherford, NJ) Join the angriest avians in entertainment in this one-of-a-kind mini golf experience, an 18-hole indoor crash course filled with twists and challenges along the way.	9am - 4pm	Must Buy <i>Food Court at American Dream Mall</i>	NO
Wednesday, July 31	METS GAME (New York, NY) Take me out to the ball game! Campers will enjoy a baseball game at iconic Citi Field!	9am - 6pm	Must Buy CASHLESS	NO
Thursday, August 1	SIX FLAGS GREAT ADVENTURE (Jackson, NJ) There’s no end to the fun and entertainment at Six Flags. This trip includes all day admission to go on all the rides and the water park.	8am - 7pm	Included <i>One meal, snacks, and unlimited drinks at participating locations throughout the park</i>	NO

Friday, August 2	FARMINGTON RIVER TUBING (New Hartford, CT) Farmington River Tubing will put you and your friends in specially designed river tubes for a 2.5 mile ride down the wild and scenic Farmington River. Traveling over three sets of rapids, campers will experience a thrill as they splash through the white water.	9am - 5pm	Must Bring	NO
Monday, August 5	THE CAVE (Bethel, CT) A three level adventure-themed fun center! The Cave is a monster-themed mini golf chain featuring a glow-in-the-dark indoor course, plus arcade games and a DJ!	9am-3pm	Must Bring	NO
Tuesday, August 6	DORNEY PARK (Allentown, PA) Admission includes access to the amusement park which has over 50 rides and Wildwater Kingdom. Campers should bring a change of clothes to ride home in. Campers will be taking a coach bus to and from Dorney Park. We will still be providing bus service to/from camp this day.	8am - 8pm	Must Buy CASHLESS <i>*Unlimited drinks are included. Campers will receive a wristband.</i>	No
Wednesday, August 7	ADVENTURE PARK AT DISCOVERY MUSEUM (Bridgeport, CT) Are you ready for the best climbing and zip line Connecticut has to offer? The Adventure Park's 13 "treetop trails" consist of about 200 platforms installed in the trees and connected by various configurations of cable, wood, and rope to form "crossings" of different kinds including the ever-popular zip lines. Climbers wear harnesses which are doubly secured to safety cables using the Park's own "always locked on" climbing system of interlocking carabineers. Before venturing onto the trails, climbers receive a thorough orientation.	9am - 3pm	Must Bring	YES

Thursday, August 8	DAVE & BUSTER'S (Nyack, NY) Campers will receive unlimited video game play, a \$20 supercharged power card, and a \$20 youth playoff power card. We suggest sending campers with extra money to add more chips to their cards.	9am - 3pm	Lunch is Provided <i>Cheeseburger sliders, Pizza bites, Crispy chicken bites, Baked Mac & Cheese, French Fries & soda</i>	NO
Friday, August 9	ROLLER MAGIC (Waterbury, CT): Here at Roller Magic we bring the love of roller skating to life! With magic in the air, young and old fly free. Come by and skate the day away! & KING KONE (Katonah, NY): Finish off the Teen Treks season and the day with some delicious ice cream from King Kone.	9am - 3pm	Must Bring <i>Snack bar will be open to purchase snacks and drinks, but not a full lunch</i>	NO

WAIVERS

PARENTAL CONSENT IS NEEDED FOR THE TRIPS LISTED BELOW. PLEASE FIND ALL WAIVERS OR LINKS AT OUR WEBSITE: www.lewisbororecreation.com

ADVENTURE PARK AT DISCOVERY MUSEUM

BROWNSTONE PARK

FARMINGTON RIVER TUBING (pdf)

GRAND PRIX

iFLY

JUMPZ & THRILLZ - One for each park!

URBAN AIR

XTREME PLAY