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Dear Lewisboro Resident:

As winter begins to wind down and we get ready for another exciting year in Lewisboro, I would like to take the opportunity to thank you for your continued support of our fabulous Parks & Recreation Department which now includes recently hired Recreation Leader Kathryn Coluccini. As we get ready for Spring & Summer, I am looking forward to what is to come and I am sure, as in years past, that Lewisboro residents will not be disappointed by what Parks & Rec has to offer.

- Schedule of some events for this year include:
- Pool Opening Day is 5/27 (special events to be held throughout the summer)
- Town Park Playground Grand Opening 6/3
- Juneteenth at Town Park 6/17
- Fireworks at Onatru Farm Park 6/24
- Pride at Town Park 6/25
- Day Camp 6/26
- Food Truck Fridays at Town Park 1st Friday of July, August, and September

There are other events under consideration. As we move along with planning on those, we will keep you posted. Outdoor programming is critical, and our Parks & Rec events and Town preserves give us an opportunity to take advantage of the outdoors. Speaking of outdoors, playgrounds are an important part especially for our children and here are some updates;

• Onatru Farm Park: I had mentioned this in the Fall brochure letter, but I will remind everyone of our upgraded playground which was completed in 2022 and includes very popular sun shades.

• Town Park: The installation of the new inclusive playground continues and is on track for completion prior to the grand opening on June 3rd. Stop by to check out the progress. Collaboration by the Town, State representatives and The

• Lewisboro Playground Improvement Project has enabled us to get to where we are now with this amazing project.

• Fox Valley Park: Will have its first playground, site work has started and we will keep you posted as we move this project along. Completion expected within the next few months.

For updates from the Parks & Recreation Department, please visit the website at: www.Lewisbororecreation.com and get on their email list.

#### Some miscellaneous items:

While we have not had to actively use the emergency alert system, we want you to be signed up in anticipation of future notifications. You can sign up here: https://alert.ny.gov/enroll. When creating your profile, make sure to select "Westchester County – Lewisboro" in your profile. Not online? Then call 1-888-697-6972 - its free! Sign up for the Town's community email. It's a great way to stay informed about the Town: https://www.lewisborogov. com/community/page/email-signup

First responder recruitment drive. Please consider joining any of our three volunteer Fire Departments (SSFD, VFD, GBFD) and the Lewisboro Volunteer Ambulance Corp. (LVAC). They are always looking for volunteers. What a great way to serve and give back to your community. If interested or you have any questions, please feel free to contact me directly at Supervisor@lewisborogov.com.

Sincerely,

Tony Goncalves

Tony Gonçalves Town Supervisor

> "WHAT EVERYONE NEEDS TO KNOW BEFORE THE NEXT EMERGENCY. GO TO THE TOWN WEBSITE AT: WWW.LEWISBOROGOV.COM AND CLICK ON EMERGENCY INFORMATION FOR RESIDENTS."

# FOR YOUR INFORMATION

#### TOWN OF LEWISBORO • DEPARTMENT OF PARKS AND RECREATION 99 ELMWOOD ROAD • SOUTH SALEM, NY 10590

### **TOWN BOARD MEMBERS**

Tony Goncalves, *Town Supervisor* Andrea Rendo Mary Shah Richard Sklarin Daniel Welsh

*Town Board Meetings:* Please check the website for meetings www.lewisborogov.com

### **ELECTED OFFICIALS**

Deirdre Casper, *Receiver of Taxes* Janet Donohue, *Town Clerk* Peter Ripperger, *Highway Superintendent* John Pappalardo, *Town Justice* Susan Simon, *Town Justice* 

### PARKS AND RECREATION ADVISORY COUNCIL

Ian Harris, *Chairperson* Jenn Castelhano Valerie Cancro Jennifer Cayea Peter Cipriano Richard Ellrodt Jr. Daniela Goldman Meg Kaplan Melissa LeSauvage

Meets the last Thursday of the month at 7:30PM at the Lewisboro Parks and Recreation Office, 99 Elmwood Road, South Salem.

Please check our website for any changes.

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### **RECREATION STAFF**

Nicole Caviola, Recreation Supervisor Laura A. Stone, Senior Office Assistant Pamela Veith, Senior Adult Director/Senior Outreach Michael Portnoy, Recreation Assistant Katie Coluccini, Recreation Leader Doreen Svendsen, Senior Adult Bus Driver

### **PARKS STAFF**

Randy Price, Interim Parks Foreman Drew Faryniarz, Parks Groundskeeper Daniel DiMarco, Parks Groundskeeper

### OFFICE

Office hours:	9:00AM - 5:00PM, Monday - Friday
Extended office hours	Thursdays, May 4th – June 22nd
	5:00PM - 7:30PM
	Saturdays, May 6th – June 17th
	9:00AM - 12:00PM
	(Closed 5/27)
Holiday Closures:	April 7th – Good Friday
	May 29th – Memorial Day
	June 19th – Juneteenth
	July 4th – Independence Day
	Sept. 4th - Labor Day

#### **TELEPHONE NUMBERS**

Office:	914-232-6162
Fax	914-232-6165

WEBSITE - www.lewisbororecreation.com

EMAIL – parks@lewisborogov.com

FACEBOOK - Lewisboro Parks and Recreation Department INSTAGRAM - Lewisboro Parks

### **PROGRAM UPDATES**

We have created an email blast that will provide weekly updates on events and programs taking place in Lewisboro. Please keep your eyes and inbox open to our "Lewisboro Happenings." To add your email, please send it to parks@lewisborogov.com.

### **TOWN EMAIL ALERTS**

Stay in the know! Sign up for the Town's email alerts and you will be advised weekly of agendas, important Lewisboro events and much, much more! To sign up, visit our



website at <u>www.lewisborogov.com</u> and go to email signup located on the top of our home page or call the Town Clerk's office at 763-3511 for assistance.

# FOR YOUR INFORMATION

### PERMITS

The Lewisboro Parks and Recreation Department has a Photo ID permit system for both the Town owned tennis facilities, paddle tennis courts and the Town Park Pool. By utilizing this system, the Parks and Recreation Department is able to improve the monitoring of our pool and tennis facilities to insure that only eligible individuals utilize these facilities.

**Tennis**: To renew your tennis memberships, simply mail in your 2022 photo ID cards, check and registration form to our office or renew your membership on line.

**Pool:** All new pool members and children who have reached the age of two this past year will be required to get new photo ID cards. Each person, ages 2 and older, must come to the Recreation Office to have a photo taken and you will receive your new permit before you leave. These permits are PVC cards with a design and bar code. In order to speed up the process we urge you to mail in your registration form and payment prior to having photos taken. Please read information regarding pool permits under the pool section of this brochure.

**PLEASE NOTE:** Individuals who were members last year only need to mail in a check and registration form and your permits will be renewed electronically.

All permits are non-transferable. There is a replacement fee of \$15.00 for a lost or stolen permit or key.

### PERMIT REGULATIONS

The following details who is eligible for the purchase of permits unless otherwise petitioned through the Superintendent of Parks and Recreation: Family Permits: Are reserved for up to two adults and unmarried children aged 25 and under, and living at home. All other relatives are not considered part of the immediate family, nor are caregivers or housekeepers. Those individuals must purchase one of the new permits or pay the daily fee. Children are required to have a permit beginning at age two (2) for pool membership and age eight (8) for tennis membership.

**TOWN RESIDENT:** lives in the Town of Lewisboro and pays both Town of Lewisboro and Katonah-Lewisboro School District taxes.

**SCHOOL DISTRICT RESIDENT:** lives outside the Town of Lewisboro and pays only Katonah-Lewisboro School District taxes.

### REGISTRATION – Spring/Summer Begins March 29th

Registration for all programs, unless otherwise specified, is by **mail, in person or online** via WebTrac. We cannot accept registrations by phone, email or fax. Incomplete registrations are subject to being returned to sender. We cannot be responsible for lost or misdirected mail.

Please note: The Department does NOT confirm registrations.

### **CREDIT CARDS**

We accept credit cards. If you have ever registered for a Parks and Recreation program, an account has been created for you. We will be glad to assist you if help is needed. If you are new to our system, please go to <u>www.lewisbororecreation.com</u> and click on create an account. A 3% service fee will appear as a separate charge from Card Connect on you bank or credit card statement from credit card transactions which occur online or in the office.

### **ENROLLMENT**

For most programs to be conducted, a minimum enrollment is required. In addition, there is usually a maximum enrollment based on the facility size and the instructor's requirements. Therefore, registration is always on a first come, first served basis.

### LATE PICK UPS

Subject to all Town of Lewisboro sponsored programs: All participants are expected to be picked up at the assigned program end time. Any and all tardy pickups from programs will result in additional charges to cover the Town's unbudgeted expenses. The Town will charge \$20/child per every 15 minutes of supervision past program end time with the first 15 minutes as a grace period unless the grace period is abused consistently.

### **REFUNDS/CREDITS**

The Town of Lewisboro has a no refund policy. However, a refund/credit will be considered only under the following conditions:

- 1. A full refund will be given if the program is cancelled by the Parks & Recreation Department prior to the program's start.
- 2. If a participant moves from Town, a full or pro-rated refund will be made based on the number of sessions the participant attended. Proof of re-location must be presented.
- 3. If a participant becomes ill or injured, a full or pro-rated refund will be made based on the number of sessions the participant attended. A doctor's medical note must accompany the request.

In addition to the above, a \$25.00 processing fee for all refunds/credits that are approved will be assessed, except for programs cancelled by the Parks & Recreation Department. All refund requests must be made in writing to the Superintendent of Parks & Recreation for consideration. Approved refunds will be paid by Town voucher.

### **RETURNED CHECKS**

If a check is returned to the Parks & Recreation Department for any reason, a cash or money order payment of \$20.00 will be required in order to re-deposit your check and off set the expenses incurred by the Town.

### **PROGRAM CANCELLATIONS**

Generally, programs are not held when school is not in session. Please check with the instructor or coach of the particular program, call the Recreation Office at 232-6162. You can also check the website for more information at <u>www.lewisbororecreation.com</u> or Facebook under Lewisboro Parks and Recreation.

# FOR YOUR INFORMATION

### **INSURANCE**

The Town of Lewisboro carries a Standard Liability Policy, which does not include accident coverage. Therefore, individuals who do not have their own accident coverage participate at their own risk.

### AMERICANS WITH DISABILITIES ACT

The Lewisboro Parks and Recreation Department is committed to ensuring that individuals with disabilities are able to utilize and enjoy our programs and activities to the fullest extent possible. When registering, please let us know if you or a family member have any special needs (such as wheelchair access, hearing aids, braille printed matter, etc.)

### PARK USE REGARDING DOGS

Please be reminded that while dogs are permitted in Town parks/preserves they must be leashed at ALL times and owners are responsible for cleaning up after their dog. **OFF LEASH DOGS ARE NOT PERMITTED** in any of the parks/ preserves. Dogs are **NOT** permitted in any of the playground areas or the pool facility at any time. For safety and sanitary reasons it is requested that dogs not be walked/run on any of the athletic fields located in the parks.

### **PLEASE LICENSE YOUR DOG**

Just a friendly reminder that any person owning or harboring a dog within the Town of Lewisboro for a period of one week or more should purchase a dog license pursuant to Article 7 of the New York State Agriculture and Markets Law. Licenses shall not be required for dogs under the age of four months. Each license issued shall be valid for a period of one year and shall not be transferable.

### **A FRIENDLY REMINDER**

The Parks and Recreation Department is asking for assistance and cooperation in helping keep our park and preserve facilities clean for the benefit of all of our park patrons and their guests. Please use the trash and/or recycling receptacles provided to dispose of waste and debris. Athletic teams, clubs and groups are encouraged to police the fields, dugout/bench and spectator areas after practices and games. Please help our Parks staff keep our facilities clean. Thank you.

### PARKS AND RECREATION NEWS/HAPPENINGS

We would like to say "Welcome to our Parks and Rec Team" Katie Coluccini, as our new Recreation Leader. We are glad you chose Lewisboro. We wish you a long career here!

Thanks for all your generosity and help with our food drives last year. We collected food and goods to help our neighbors and community center participants.

### A MESSAGE FROM THE LEWISBORO STORMWATER COMMITTEE

One important goal of Stormwater Management is to minimize the amount of phosphorus entering streams and lakes. A little phosphorus goes a long way. For example, one pound of phosphorus supports 500 pounds of plant growth! It is best for water containing phosphorus to soak into the ground rather than to run off. The phosphorus in the water will bind wih the soil and thus be removed from the water. Run-off can be reduced by slowing the flow of water so that it can soak into the ground.

Here are some lawn care tips to reduce storm water pollution.

If you fertilize, use phosphorus-free fertilizer as **required by law** (the middle number on the bag is zero). Spread with care. Excess fertilizer flows into streams, lakes, and reservoirs, where it can degrade water, lead to algae and plant growth, and contribute to fish kills. Don't fertilize when rain is expected.

Aerate your lawn to improve water absorption. Lawns can become less pervious due to compaction or a buildup of thatch. Use a core aerator to punch holes in the lawn to allow water and nutrients to penetrate the lawn to aid its growth and reduce runoff.

Use a mulching mower to shred the fallen leaves into small enough pieces to sift down through the grass and decompose. You can also use a bag attachment on the mower to catch all the chopped up leaves and grass and compost it if you want. To learn more about the mulching mower, tune in to LCTV, Channel 20 in the Spring, or the Town website under LCTV Videos, and watch a short Public Service Announcement that the Committee created. You can see a mulching mower in action.

Help your lawn fight weeds by keeping the grass 3" tall so weeds are shaded out. Over seeding in the spring will help grass compete with weeds.

#### SEPTIC SYSTEMS

Pump out your septic system! It's a good idea to maintain your septic system. And now it is the law.

To protect the quality of the area's drinking water, Westchester County and Lewisboro instituted a septic system inspection requirement in 2011. Septic systems are a source of phosphorus which accelerates plant growth and can kill Lewisboro's lakes and watercourses, destroying much of the scenery that makes our Town such a wonderful place in which to live. This law requires that each septic system be pumped at least once during every 5 year period. Failure to do so may result in significant fines.

This means that if you haven't had your septic system pumped since Spring of 2018 it's time to do so NOW. Many septic systems require pumping more often than every 5 years, depending on usage or condition. Have your septic system pumped out this season by an authorized Westchester County septic hauler.

Keep your copy of the septic system inspection report as proof if records get lost. Bureaucracies are not perfect and the report is the only proof that you obeyed the law!

# **COOPERATING AGENCIES**

### LEWISBORO BASEBALL ASSOCIATION

The Lewisboro Baseball Association has been serving the Lewisboro Community for over 50 years. For further information and registration, please visit the LBA website at www.playlewisborobaseball.com

The LBA provides instructive, competitive and fun baseball for boys and girls in 1st grade – high school. Teams are divided according to age to optimize learning and playing experiences and runs through mid-June with one to two games per week including one on Saturday and one practice per week. Any questions, feel free to email us at LewisboroBaseball@gmail.com.

### KATONAH-LEWISBORO BEDFORD GIRLS SOFTBALL

For further information please go to <u>http://www.kbgs.leag1.com</u> or contact us at klbsforgirls@gmail.com.



SPRING REGISTRATION NOW OPEN AT KBGS.LEAG1.COM GIRLS DIVISIONS: PRE-K 4'S-1, 2-3, 4-5, AND 6-8

- Season begins in April & concludes in June just before school ends
- Uniforms provided
- Qualified instruction at every level
- KLBS proudly serves Katonah, Lewisboro, Bedford, N. Salem, Pound Ridge & Mt. Kisco
- See our website for more details



The premier softball league for girls for over 30 years!

### JOHN JAY FUTBOL CLUB

The John Jay Futbol Club offers a series of fun-filled and developmental soccer programs for our community. We also offer many other Seasonal Camps and Clinics throughout the year. For more info and to register, find us at <u>www.johnjayfc.com</u> or via email at jjfcregistrar@gmail.com.



### JOHN JAY YOUTH FOOTBALL

John Jay Youth Football offers tackle football for players in 3rd-8th grade. Our Westchester and Putnam County league combines grades to maximize player safety. The season runs August to November.

The league emphasizes sportsmanship, teamwork, responsibility, commitment and respect. Player safety is the priority. Focus is on developing and teaching proper football skills.

For more information please visit our website <u>www.jjyf.org</u> for new league rules, events and registration details.

### JOHN JAY CHEER

John Jay Cheer will launch its first-ever season cheerleading program. Cheer is a positive and empowering team sport that promotes confidence, leadership, commitment and camaraderie in a fun-filled atmosphere. Registration opens in March to grades 2-6. Spots are limited. Follow @johnjayyouthcheer for updates.

### JOHN JAY YOUTH LACROSSE

### John Jay Youth Lacrosse Fall, Winter & Spring Programs

For boys & girls in Grades K-8 (KL School District)
 Loaner Equipment available for new players



### NORTH EAST WESTCHESTER SPECIAL RECREATION

North East Westchester Special Recreation, an agency supported and sponsored by the Town of Lewisboro, is available to children and adults with developmental disabilities from our community. North East programs offer a variety of year-round recreational activities for all ability levels, designed with the specific support needed for participant success in this environment. Programs are highly structured, staffed and closely supervised. Program goals may focus on teaching

# **COOPERATING AGENCIES**

skills, fostering fun and friendships or teaching and enhancing social skills. For more information call their office at 347-4409 or visit their website at <u>www.northeastspecialrec.org</u>.

### LEWISBORO HORSEMEN'S ASSOCIATION

The Lewisboro Horsemen's Association maintains over 25 miles of riding trails that run throughout Lewisboro across private, public and land trust properties and adjoin the North Salem Bridle Trails Association to the north and run south through the Lewisboro Town Park to Ward Pound Ridge Reservation and the Bedford Riding Lanes Association's trails.

Trail membership is \$60 per year for an individual and \$75 per family. Supporting membership for those who do not ride but want to support the trail system is \$30. Juniors are encouraged to join.

For more information, the Lewisboro Horsemen's Association can be found at <u>www.lhatrails.org</u> or Facebook.

Contact persons:

Carleton Henrich (917) 826-2070 Callie Kuntz-Bauer (914) 438-3523 Liza Fraser Travalino (914) 763-5402

### **LEWISBORO GARDEN CLUB**

The Lewisboro Garden Club is beginning its 51st year of beautifying public grounds and conserving the natural flora of our town. We have monthly programs with speakers on gardening topics, workshops, and also offer field trips to nearby gardens. These programs are open to residents of all ages and levels of gardening experience. Workshops and field trips often require a small fee and rsvp to reserve your spot. LGC has many on-going volunteer opportunities this spring and summer including cutting flowers from your gardens to donate for bouquets for our seniors, removing unfriendly plants and vines from Onatru Farm, spring cleaning of all our pollinator pathway triangles, and developing and maintaining our meadow gardens. Please check our website for more details on volunteering and to see a complete list of events - www.lewisborogardenclub.org

#### **Spring Dates:**

**March** - Anyone interested in a gardening plot at the community garden at Onatru Farm, please reserve your plot now for the 2023 season.

Late April - Rooting for Lewisboro distribution - Residents who ordered bare root native tree and shrub seedlings this year will be notified of the distribution date and time via an email.

**Saturday, April 29th -** 9:00AM: Onatru Farm – Alice Poor Spring Clean Up. Please bring your gardening tools. (Raindate: Sunday, April 30th at 9:00AM).

**Saturday, May 13th -** 8:00AM – 5:00PM (rain or shine): Gossett Brothers Nursery fundraiser – LGC will help you select plants, accessories and tools for your gardening projects. Also stop by our table for delicious homemade baked goods.

#### Saturday, May 20th – 9:00AM – 5:00PM: Copia Home

and Garden fundraiser - please consider shopping at Copia on our fundraiser date, where LGC members will help you with selecting your gardening needs (raindate: Sunday, May 21st).

Saturday, May 20th – 2:00PM - 4:00PM - Onatru Farm Pollinator Container Planting with Deanna Novak and the LLT (rain date: Sunday, May 21st). Registration required on the Lewisboro Land Trust website.



### LEWISBORO LAND TRUST -"WALKING WILD LEWISBORO"

The Lewisboro Land Trust is out on the trails every week with new opportunities and new adventures.

We hope you will join us as often as possible!

Monthly Programs: Preschool Hikes, Toddler Hikes, Guided Meditation Walks and Hikes for Health with Naturalist Jeff Main

Seasonal Program: Poetry Hikes.

Saturday, April 22nd – Earth Day Hike - Time and location TBA

**Sunday, May 14th -** 11:00AM: Mother's Day Hike - Marian Yarrow Preserve

Saturday, May 20th – 2:00PM: Pollinator Garden Workshop-Onatru

**Saturday, June 11th –** 12:00PM: Annual Blessing of the Animals - Old Field Preserve

Friday, June 16th – 6:00PM - Indigenous Celebration of Songs and Storytelling – Ward Pound Ridge Reservation

**Sunday, June 18th –** 10:00AM: Ferns for Father's Day – Marian Yarrow Preserve

Many more programs to be announced! For more information, registration links and to sign up for our emails, please visit us at: <u>www.lewisborolandtrust.org/events</u>. You can also find us on Facebook and Instagram.

# **COOPERATING AGENCIES**

### LEWISBORO LIBRARY - CHILDREN'S STORY HOURS

#### **Children's Programs:**

#### **Outdoor Family Storytime:**

Tuesdays at 10:30AM and Thursdays 1:30PM (Beginning in late spring through summer) Join Miss Marie on the lawn for stories, puppets and bubbles. Bring a blanket to sit on.

**MakerSpace Workshops:** Wednesdays at 10:30AM and 1:30PM. Come work on crafts, technology and more in the

MakerSpace Corner of the Children's Room.

**Girls Who Code:** Monthly at 4:00PM. Dates vary, please see website. The Club is a FREE after school computer science program for grades 3-6.



#### **Teen Programs:**

Middle Reads – 2nd Tuesday of the month at 7:00PM. Grades 6-8. Enjoy ice cream while discussing your favorite books.

Teen Advisory Group – Last Tuesday of the month at 7:00PM. Teens in Middle & High School. Great way to earn community service while coming up with fun, engaging programs for you and your peers. Pizza and beverages served.

The Library also offers monthly book groups, weekly mahjong gatherings and knitting/crocheting groups, as well as special events for all ages and many special summer reading activities. Please check our website <u>www.lewisborolibrary.org</u> for more information.

### JOHN JAY COMMUNITY TRAIL

The JJ Trail Race date is Sunday, April 16th starting at 9:00AM – 5k run, 4k Jay walk, 200 meter kids Jay Dash. The race takes place on the new cross county trails in the forest behind the middle school and high school.

Registration is open now at <u>https://runsignup.com/JJTrail.com</u> The event is a fundraiser for the John Jay Boosters Club and the trail building including boardwalks, signage and benches.

If you would like to donate or become a race sponsor, please visit the jjtrail.org website and click on the donate or sponsorship links.

# **COMMUNITY EVENTS**

### 23<sup>rd</sup> ANNUAL FIREWORKS SPECTACULAR

The Town Board is so pleased to present and bring back a fun filled day of entertainment and fireworks to the residents of the Town to celebrate Independence Day. Come out and enjoy the fun and excitement and be among family, friends and neighbors. Don't forget your blankets, chairs and flashlights.

WHEN:	Saturday, June 24 <sup>th</sup>
<b>RAINDATE</b> :	Tuesday, June 27th
WHERE:	Onatru Farm Park
FEE:	\$25.00/car
PROGRAM:	6:00PM - Parking and picnicking
	7:00PM – Entertainment starts
	9:30PM - Fantastic Fireworks

### **MEMORIAL DAY PARADE/SERVICE**

The Lewisboro Veterans Advisory Committee along with the Town of Lewisboro will be holding its annual Memorial Day parade down Main and solemn services where those interested can attend on the Front Lawn of the Town House as we pay our respects to all of the fallen including Lewisboro's own.

Please join us as we remember those who sacrificed their lives for our freedom.

WHEN:	Monday, May 29th, South Salem	
PARADE:	11:45AM – assemble on Lake Shore	
	Drive, Truesdale Lake, south end.	
	12:15PM – parade starts up Main	
	Street to the Town House.	
SERVICES:	Will be held at the Town House front lawn	
	following the parade.	

### **INDEPENDENCE DAY CELEBRATION**

Join in a day of fun as we celebrate Independence Day with events that include a bouncy castle, lawn games, live music, tye dye (bring your own tee shirt) and more!!

WHERE:	Lewisboro Town Pool
WHEN:	Tuesday, July 4th
ГІМЕ:	2:00PM – 6:00PM
FEE:	Town residents enter free of charge and school
	district residents can pay at the gate
	(\$15 adults and \$10 children).

### SOUTH SALEM FIRE DEPARTMENT CARNIVAL AND PARADE

The South Salem Fire Department will hold its annual carnival for 2023.

PARADE:	Wednesday, August 9th starting at 7:00PM. Starts
	on Spring Street to Route 35 and ends at the Fire
	House. More than 20 visiting fire companies
	are expected. Shuttle buses from Town Park to
	carnival grounds and back are available from
	6:00PM to 9:30PM on parade night.
CARNIVAL:	Wednesday, August 9th - Saturday, August 12th

# **COMMUNITY EVENTS**

**Rides**: A dozen or more! Wristbands for unlimited rides on the night purchased are available as well as individual tickets for each ride. **Games:** Many carnival games open each night.

- FOOD: Hot dogs, burgers, chicken nuggets, sausage and peppers, french fries, corn on the cob, fried dough and much more.
- TIMES: Wednesday Friday, 6:00PM 10:00PM Saturday, 5:00PM – 10:00PM
- INFORMATION: Contact 763-3706 or log on to www.southsalemfire.com for information concerning the carnival. Find us on facebook at www.facebook.com/southsalemfd.

### THIRD ANNUAL PRIDE IN THE PARK

This year, Lewisboro will again be acknowledging June as LGBTQIA+ Pride Month with a lineup of activities. Once again we will be celebrating together with Bedford and Pound Ridge. Please be on the lookout for events in all 3 towns including film screenings, a Queerlarious Comedy Show, an activism panel, and more! They will be announced all over town and through our Lewisboro Celebrates Pride Facebook page https://www.facebook.com/LewisboroCelebratesPride

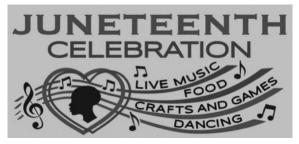
Please join us for our culminating event. You can expect an exciting lineup of Drag Queen Story Hour, a flag ceremony, a Pet Pride Parade, tabling from community organizations, and a DJ drag dance party for the whole family! Best of all, you can expect a large crowd of LGBTQ+ affirming community members. We look forward to seeing you there!

WHEN:	Sunday, June 25th
WHERE:	Lewisboro Town Park
TIME:	2:00PM-5:00PM

### LET'S CELEBRATE JUNETEENTH TOGETHER!

Live Music • Food • Crafts • Games • Family Fun • Katonah Museum of Art • DJ Dance Party

WHEN:	Saturday, June 17th
WHERE:	Lewisboro Town Park
ГІМЕ:	12:00PM-4:00PM



#### NATIONAL TRAILS DAY – Sponsored by Lewisboro Open Space and Preserve Committee (OSPAC)

There are 20 parks and preserves in the town of Lewisboro. Miles of inviting, scenic and peaceful trails for you to explore and enjoy. We would like to introduce you to what Lewisboro has to offer. Whether you're new to hiking, or an experienced hiker - this hike is for you. Learn what trail blazes mean and how to follow them on the trail. Learn how to download the free phone app of the areas trails and then see your position on the phone as you hike the Leon Levy Preserve trails with us. This guided, instructional hike is a great opportunity to meet neighbors, and perhaps future friends, while hiking one of Lewisboro's premier preserves.

The hike will be led by George Scott, Head Preserve Steward of the Leon Levy Preserve. It will be approximately 3 miles long and is rated easy to moderate. It will feature scenic overlooks, historical monuments and structures such as – the Black Mansion, The Stone Cottage, Professor Crafts' Research Lab, and the Reflecting Pool. At a leisurely pace it is expected to take approximately 2 hours.

We are excited to have you there to showcase what Lewisboro has to offer through it's Open Spaces & Preserves.

FOR:	Open to All
WHERE:	Leon Levy Preserve
WHEN:	Saturday, June 3rd
TIME:	10:00AM – 12:00PM
FEE:	Free
NOTE:	Please wear appropriate shoes and dress for
	the weather. Bring a water bottle. Steady rain
	cancels.

### THE NEW INCLUSIVE LEWISBORO PLAYGROUND



Come celebrate with the community at the Ribbon Cutting ceremony and **GRAND OPENING** of the New Inclusive Playground at the Lewisboro

Town Park! There will be food trucks, music, t-shirts for sale and lots of good fun for the whole family. This is a free event with food for purchase.

WHEN: TIME: June 3rd (Rain Date June 4th) 11:30am SHARP - Ribbon Cutting 12:00pm – Grand Opening!

Please RSVP to this event so we can give a proper count to the food trucks: <u>https://www.eventbrite.com/e/the-new-lewisboro-playground-ribbon-cutting-and-grand-opening-tickets-495446502827</u>

#### **Our Project:**

Lewisboro Town Park Playground Improvement Corporation is a publicly funded 501(c)(3) that was formed in 2019 to improve the design, to modernize the equipment, and to increase the inclusivity of the current Playground at the Lewisboro Town Park. Now more than ever, we have seen the importance of time outdoors.

#### **Our Plans:**

The equipment has been installed and we are excited to open the playground this Spring! As the weather warms, the

# **COMMUNITY EVENTS**

surfacing, pathways, and landscaping will be completed. We continue to raise funds for this community project. Your donation will especially help with rising and unexpected construction and maintenance costs.

#### Send us your Playground Photos!

We are collecting Playground Photos! Do you have a few favorite photos of you and your family/friends at the playground? We would love to display them in a project for the 2023 Ribbon Cutting event! Think any moment in time from 2022 back to the original build in 1994! We welcome them all.

Please email us your photos at: LewisboroPlaygroundPhotos@ gmail.com

Follow us on Instagram: <u>@lewisboroplaygroundreno</u>

Like Our Facebook Page: @lewisboroplayground

Visit Our Website: www.lewisboroplayground.com

**Our Email:** lewisboroplayground@gmail.com

### **PORTRAITS IN THE PARK**

WHEN/WHERE:

Spring - Sunday, April 23rd at Onatru Farm Park Fall - Sunday, October 1st and 15th at Lewisboro Town Park 9:30AM - 3:00PM

#### TIME:

Portraits in the Park are back for Spring and Fall! Mini-photo family sessions being offered in our beautiful town of Lewisboro. This is a great time to get a family portrait with your entire family and to support the Playground Improvement Project. Book at: https://www.anncharlesphoto.com/now-booking

### **GRAVESTONE RUBBING** - Maureen Koehl, Town Historian

Learn how to take a gravestone rubbing without damaging the gravestone and learn the stories the stones have to tell. A great family activity.

FOR:	Town residents/school districts - ages 10+
TIME:	1:00PM – 2:30PM
FEE:	\$10.00 per person
Class 1	
WHERE:	South Salem Cemetery, Spring Street,
	South Salem
WHEN:	Saturday, April 15th
ACTIVITY:	212103-F1
Class 2	
WHERE:	Cross River/Reynolds Cemetery, Route 35,
	Cross River
WHEN:	Saturday, May 20th
ACTIVITY:	212103-F2

# SPECIAL EVENTS

### FOOD TRUCK FRIDAYS

Join us for a fun evening of music and local food trucks! This is a great opportunity to have some family fun.

WHEN:	July 7th, August 4th and September 1st
TIME:	6:00PM - 8:00PM
WHERE:	Lewisboro Town Park,
	1079 Route 35 South Salem

### THE LEWISBORO BUNNY AND THE LEWISBORO LION RETURN TO TOWN -

#### Sponsored by the Lewisboro Lions Club

The Lewisboro Bunny and the Lewisboro Lion are returning to the Lewisboro Town House just in time for the spring holidays. They would love for you to stop by to visit, grab a photo and get a goodie bag from them. Mom and Dad don't forget to bring the camera for a great shot!

FOR:	Town of Lewisboro Residents & KL School
	district residents ages 2.5 - 12 years old
WHERE:	Lewisboro Town House, 11 Main Street,
	South Salem
WHEN:	Saturday April 8th
TIME:	12:30PM - 1:30PM
NOTE:	No need to register – just stop by any time
	during those hours. First 150 kids will get a
	goodie bag.

### ICE CREAM SOCIAL - New Neighbor Network

New residents to the Town of Lewisboro are invited to meet new people, neighbors and learn about the wonderful Town you just moved into. Bring your spouse and children to the event. We will be joined by several Town Officials as well as fellow newcomers. Definitely something not to miss out on !!

FOR:	New Town of Lewisboro Residents (who	
	lived here 2 years or less)	
WHEN:	Sunday, May 21st	
WHERE:	Lewisboro Recreation Gym	
TIME:	2:00PM – 4:00PM	
NOTE:	Admission and parking are free. Registration	
	is required – visit our website.	



# **TODDLER/PRE-SCHOOL ACTIVITIES**

### BUSY BAKERS - Sara Driscoll, Instructor

This program will learn the fundamentals of cooking with the fun of preparing delicious treats. Stories and crafts will help pass the time as the goodies bake.

FOR:	3-5 year olds	
WHERE:	Cyrus Russell Community House	
WHEN:	Tuesdays, 8 weeks, April 18th – June 6th	
TIME:	2:30PM - 4:00PM	
FEE:	\$240.00	
ACTIVITY #:	210301-B1	
NOTE:	Parent or guardian does not need to be	
	present.	

### NATURE BUDDIES -

#### Lewisboro Land Trust and Deanna Novak, Instructor

Toddlers and their caregivers will explore the natural world through nature walks, stories, songs, art, and engineering projects. Children attending should be able to walk independently (or get a piggyback ride from their caregiver) as the nature trails are not stroller friendly. This is an outdoor, all-weather program.

FOR:	Boys and Girls, ages 16-36 months, with a	
	caregiver	
WHERE:	Onatru Farm Park & Preserve	
TIME:	9:30AM – 11:00AM	
FEE:	\$160.00 first child and \$80.00 siblings (max	
	2 children per caregiver)	
CLASS 1		
WHEN:	Tuesdays, 8 weeks, April 18th – June 6th	
	(makeup date: June 13th)	
ACTIVITY #:	212201-A1	
CLASS 2		
WHEN:	Thursdays, 8 weeks, April 20th – June 8th	
	(makeup date: June 15th)	
ACTIVITY #:	212201-A2	

### TOY MAKER FOR TOTS - STEAM, Instructor

Designed just for our youngest explorers, we'll combine art and science to uncover the secrets to Newton's laws of physics as we create and test bouncy balls, glider airplanes and more. Art will be added in as we draw helicopters and race cars with our own creative touch!

FOR:Boys and Girls, Ages 3-5 (Pre-K)WHERE:Cyrus Russell Community HouseWHEN:Wednesdays, 8 weeks, April 19th – June 7thTIME:3:30PM - 4:15PMFEE:\$184.00ACTIVITY #: 210101-C1

# YOUTH ACTIVITIES

### **GROWING GOURMETS** – Sara Driscoll, Instructor

This class will allow children to cook "hands on." These recipes will let children have fun cooking while preparing delicious treats. Children will also learn about measurements and quantity.

FOR:	Boys and girls, grades K-5
WHERE:	Cyrus Russell Community House
WHEN:	Tuesdays, 8 weeks, April 18th– June 6th
TIME:	4:30PM - 6:00PM
FEE:	\$240.00
ACTIVITY #:	210302-B2

### TIS THE TIME FOR SPRING COOKING \_

#### Diana Adorno, Instructor

Celebrate the season by baking treats that are both festive and delicious. Emphasis is on utilizing the ingredients of the season, learning new baking skills and most of all having fun in a group setting.

WHERE:	Cyrus Russell Community House
FEE:	\$30.00

#### April – Spring Theme

 Class A

 FOR:
 Ages 4 - Grade 1

 WHEN:
 Saturday, April 22nd

 TIME:
 11:00AM - 12:30PM

 ACTIVITY #: 210303-A1

#### Class B

 FOR:
 Grades 2 – 5

 WHEN:
 Saturday, April 22nd

 TIME:
 1:00PM - 2:30PM

 ACTIVITY #:
 210303-A2

#### May - Cinco de Mayo

**Class A** 

 FOR:
 Ages 4 - Grade 1

 WHEN:
 Saturday, May 6th

 TIME:
 11:00AM - 12:30PM

 ACTIVITY #:
 210303-B1

#### Class B

 FOR:
 Grades 2 – 5

 WHEN:
 Saturday, May 6th

 TIME:
 1:00PM - 2:30PM

 ACTIVITY #:
 210303-B2







Continued on next page

# YOUTH ACTIVITIES

### ACRYLIC ARTIST – STEAM, Instructor

These courses are specially designed for students who have a desire to learn how to paint with confidence. Our acrylics classes will lead students to express their own individual creativity with our developed methods. Paintings are done on canvas and will take 1-2 class periods to complete.

FOR:	Boys and Girls, grades 4-6	
WHERE:	Cyrus Russell Community House	
WHEN:	Mondays, 8 weeks, April 17th – June 12th	
	(no class 5/29)	
TIME:	4:30PM - 5:30PM	
FEE:	\$224.00	
ACTIVITY #: 210202-A1		

### **CIRCUS CIRCUS – STEAM**, Instructor

Step right up and join the STEAM to-go Circus this Spring as we create high-flying trapeze artists, circus tent drawings, model popcorn cotton candy and more! Using artist-quality materials, we will sharpen our skills and most of all, creativity!

 
 FOR:
 Boys and Girls, grades K-3

 WHERE:
 Cyrus Russell Community House

 WHEN:
 Mondays, 8 weeks, April 17th– June 12th (no class 5/29)

 TIME:
 5:45PM – 6:45PM

 FEE:
 \$224.00

 ACTIVITY#:
 210202-C1

### TOY MAKER - STEAM, Instructor

Designed just for our youngest explorers, we'll combine art and science to uncover the secrets to Newton's laws of physics as we create and test bouncy balls, glider airplanes and more. Art will be added in as we draw helicopters and race cars with our own creative touch!

FOR:	Boys and Girls, Grades K & 1
WHERE:	Cyrus Russell Community House
WHEN:	Wednesdays, 8 weeks, April 19th – June 7th
TIME:	4:30PM - 5:30PM
FEE:	\$200.00
ACTIVITY # : 210101-C2	

### HAVE A BALL! STEM - STEAM, Instructor

This season is all about energy and play! We'll uncover Newton's law of physics as we create and test bouncy balls, marble roller coasters and more. After all, a ball is still the greatest toy of all!

 FOR:
 Boys and Girls, grades 2 - 5

 WHERE:
 Cyrus Russell Community House

 WHEN:
 Wednesdays, 8 weeks, April 19th– June 7th

 TIME:
 5:45PM – 6:45PM

 FEE:
 \$200.00

 ACTIVITY#:
 210204-C2

### **INTRO TO ROBOTICS – STEAM**, Instructor

This class is an introduction into the world of robotics! A few of our projects include: basics of circuitry, engineering a robot habitat, building a robot that can move...and more!

ACTIVITY#:	210204-A1	
FEE:	\$224.00	
TIME:	4:30PM - 5:30PM	
WHEN:	Thursdays, 8 weeks, April 20th– June 8th	
WHERE:	Cyrus Russell Community House	
FOR:	Boys and Girls, grades K & 1	

### **CIRCUITS AND ROBOTICS – STEAM**, Instructor

This unique class combines elements of basic robotics with introductory circuitry. Students will learn basic circuitry using wires, batteries, lights and more. Throughout the session they will build and engineer take home robots that move along with other new and exciting circuitry projects!

FOR:	Boys and Girls, grades 2-5	
WHERE:	Cyrus Russell Community House	
WHEN:	Thursdays, 8 weeks, April 20th– June 8th	
TIME:	5:45PM - 6:45PM	
FEE:	\$224.00	
ACTIVITY#:	210204-B1	

### JAZZ DANCE CLASS - Anne-Marie Gerard Galler, Instructor

Join Anne-Marie Galler for a structured but FUN Jazz Dance class! Anne-Marie is a veteran Broadway performer (and choreographer for both JJMS and JJHS) who's been teaching throughout Westchester for over 20 years. Appropriate for beginners or those who have danced before. We will be learning classic Broadway style jazz. Please dress in body conscious clothing (ie leggings) and bring water. Jazz shoes preferred if possible!

FOR:	Boys and Girls, grades 3-5	
WHERE:	John Jay Middle School Cafeteria	
WHEN:	Wednesdays, 8 weeks, April 19th- June 14th	
	(no class 5/3)	
TIME:	4:30PM – 5:30PM	
FEE:	\$176.00	
ACTIVITY#:	212002-D1	

### WOLF JUNIOR VOLLEYBALL CLINIC - Tom Rizzotti, JJ

# Varsity Volleyball Coach with Christina Hafkemeyer the assistant coach, as well as current John Jay players.

This clinic is an introductory program to the game of volleyball. Each participant will learn to serve, pass, set and spike. There will be fun drills to partake in as well as scrimmages at the end of each clinic.

FOR:	Girls, grades 3-6
WHERE:	JJMS New Gym

# YOUTH ACTIVITIES

WHEN:	Tuesdays, May	$2nd - June \ 6th$
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**TIME:** 6:00PM – 7:15PM

**FEE:** \$120.00

#### ACTIVITY #: 218001-A1

**NOTE:** Please wear a t-shirt, shorts, sneakers and bring a water bottle.

### TEE-BALL CLINIC – Michael Portnoy, Program Coordinator

**PROGRAM PHILOSOPHY:** The intent of this coed program is to introduce youngsters to the game of softball/baseball through clinical instruction. Emphasis will be placed on skill development in a positive and relaxed environment. Learning while having fun is a main priority of this program. Scores and standings will NOT be kept at this level. Player participation awards will be distributed to all youngsters at the conclusion of the season.

FOR:	Boys and girls, ages 4&5 and/or in kindergarten.
WHEN:	Saturdays, April 22nd - June 17th, 8 weeks
	(no class 5/27)
TIME:	9:00AM – 10:30AM
<b>RAINDATE:</b>	Sundays, May 7th and May 21st and
	Saturday, June 24th
FORMAT:	45 minute practice, 45 minute game
WHERE:	Onatru Farm Park – Fields 1 - 4
TEAMS:	Will be coed and divided by school areas
UNIFORM:	Hat and shirt will be provided. A ball will be
	distributed to each player at their first practice.
	Gloves must be provided by the players.
NOTE:	1. No weekday practices will be held. This is a
	one and a half hour per week, 8 week program.
	2. Batters will hit off a batting tee.
	3. If you are interested in coaching, please email
	Michael at recreation1@lewisborogov.com
FEE:	\$176.00 per player
ACTIVITY #	211001 11

ACTIVITY #: 211001-A1

### DEVELOPMENTAL BASEBALL/SOFTBALL CLINIC -

#### Michael Yurus, Instructor

The intent of this clinic is to introduce youngsters to the game of baseball/softball through instruction. Emphasis will be placed on skill development and teamwork in a positive and relaxed environment.

FOR:	Boys and girls, grades 1 & 2
WHERE:	Fox Valley Park upper left field
WHEN:	Saturdays, 8 weeks, April 22nd – June 17th
	(no clinic 5/27)
<b>RAINDATE:</b>	Sundays, May 7th and May 21st,
	Saturday June 24th
TIME:	9:00AM - 10:30AM
FEE:	\$168.00 includes shirt and hat
ACTIVITY #:	211201-A1

### **RISING STARS BASEBALL**

#### Peter Assue and Thomas Tobin, Instructor

This is an instructional program for boys and girls interested in a non-competitive sports environment where fundamentals and skills of baseball/softball such as fielding, throwing/catching, batting and base running are explored in an inclusive, controlled setting. It is also a great opportunity for siblings to play together.

FOR:	Boys and girls, grades K - 8th
WHERE:	Lewisboro Town Park Baseball Field
WHEN:	Saturdays, 8 weeks, April 22nd – June 17th
	(no class 5/27)
<b>RAINDATE:</b>	Sundays, May 7th, 21st and June 24th
TIME:	10:00AM - 11:30AM
FEE:	\$80.00
ACTIVITY #: 211003-A1	
NOTE:	Parents are welcome to participate and no experience is required.

### BABYSITTING SKILLS COURSE - Nicole Caviola, Instructor

When this class is over, students will become fully prepared to babysit. Instruction includes responsibilities of the sitter, handling emergencies, simple first aid, feeding, diapering, bedtime and playing. All youngsters will receive a certificate of completion. This program is also suitable for children who may not be ready to babysit but want to be left alone at home. Please bring a pencil, baby sized doll, dinner, beverage and a snack to class.

FOR:	Boys and girls, ages 11-15
WHERE:	Onatru Farm House
WHEN:	Tuesday, April 18th and Thursday, April 20th
TIME:	5:00PM - 9:00PM
FEE:	\$150.00
ACTIVITY #:	210801-A1
NOTE:	You must be present both days in order to
	become certified. You must be 11 years old by
	the start of the class.

#### BINGO BASH – Katie Coluccini, Supervisor

Grab some friends and head to this great program where you can eat, socialize and win fabulous prizes. To stir it up, we will play bingo in a variety of ways. Food will be served followed by an exhilarating evening of bingo. Grades 2&3 and 6 will have pizza and grades 4&5 will make ice cream sundaes.

FOR:	Boys and girls, grades 2 - 6
WHERE:	John Jay High School Cafeteria
FEE:	\$25.00/Bash
TIME:	Grades 2 & 3: 6:00PM – 7:30PM
	Grades 4 & 5: 8:00PM – 9:30PM
	Grades 6 & 7: 6:30PM – 8:00PM
Bash 1	
WHEN:	Friday, April 21st
ACTIVITY #:	211901-E1 Gr. 2 & 3
	211901-E2 Gr. 4 & 5

# YOUTH ACTIVITIES

Bash 2 WHEN: Friday, May 12th ACTIVITY #: 211902-E1 Gr. 2 & 3 211902-E2 Gr. 4 &5

ACTIVITY #: 211903-D1 Gr. 6

Bash 3 WHEN: De la Companya de la Comp

# YOUTH DEVELOPMENTAL BASKETBALL - A1 Athletics

Friday, May 19th

This is an instructional program in which the focus will be on fundamentals and skills of basketball such as dribbling, shooting, catching, and passing.

WHERE WHEN: FEE:	Lewisboro Elementary School Gym Thursdays, 6 weeks, April 20th – May 24th \$165.00
Class 1	
FOR:	Boys and Girls grades K-2
TIME:	4:30PM - 5:30PM
ACTIVITY #:	211601-A1
Class 2	
FOR:	Boys grades 3&4
TIME:	5:30PM-6:30PM
ACTIVITY #:	211601-A2
Class 3	
FOR:	Girls grades 3&4
TIME:	6:30PM - 7:30PM
ACTIVITY #:	211601-A3

### MULTI SPORTS & GAGA – A1 Athletics

Enjoy games with friends and the opportunity to be outside. Games offered include capture the flag, relay races, tug of war and more! GaGa Ball provides a fun game for children to enjoy, grow and develop. The game offers an opportunity to exercise, as players must avoid being hit by the ball through

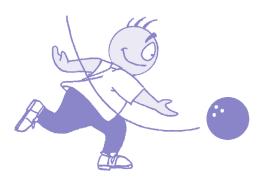
incorporating agility, dodging, jumping and striking.

FOR:	Boys and Girls grades 3-5
WHERE:	Lewisboro Elementary School Gym
WHEN:	Wednesdays, 6 weeks, April 19th – May 24th
TIME:	4:30PM - 5:30PM
FEE:	\$165.00
ACTIVITY #:	211301-A1

### BOWLERAMA – Michael Portnoy, Supervisor

Join us and bring some friends for a night filled with fun and adventure. The night will include two games of bowling, shoe rentals, pizza and unlimited lemonade. The evening will conclude with playing time in the arcade.

WHERE:	Spins Bowl, Carmel, NY
TIME:	5:15PM – 9:00PM (drop off and pick up at
	Town Park)
FEE:	\$85.00/child
NOTE:	Participants can bring money for snacks and
	extra arcade games.
Trip 1	
FOR:	Grades 2 & 3
WHEN:	Friday, May 12th
ACTIVITY #	211701-A1
Trip 2	
FOR:	Grades 4 & 5
WHEN:	Friday, May 19th
ACTIVITY #	211701-A2



### THANK YOU!! THANK YOU!! THANK YOU!!

The Lewisboro Recreation & Parks Department would like to thank the many volunteers who gave their time to coach in our youth sport programs during 2022. Without the volunteers that we are fortunate to have each year, our youth sports programs could not be the success that they are. Once again, thank you for being there for the children of Lewisboro!

### THANK YOU!! THANK YOU!! THANK YOU!!

The Lewisboro Recreation Department would like to extend a **VERY SPECIAL THANK YOU to the KATONAH LEWISBORO SCHOOL DISTRICT** and its personnel for their continued support and use of their school facilities for many of our youth and adult programs.

THANK YOU!! THANK YOU!! THANK YOU!!

# YOUTH/TEEN ACTIVITIES

### JUMPZ AND THRILLZ TRIP

Thrillz is an indoor trampoline park where participants can soar in open jump arenas, play trampoline dodge ball and basketball or do endless flips and somersaults.

FOR:	Boys and Girls, Entering Grades 6 & 7
WHERE:	Thrillz, Danbury, CT
WHEN:	Friday, May 5th
TIME:	5:00PM – 9:00PM
	Pick up and drop off at Town Park
FEE:	\$90.00
ACTIVITY#:	215001-B1
NOTE:	Includes dinner

### ANNUAL FIFTH GRADE SUMMER BLAST OFF

The Lewisboro Parks and Recreation Department is proud to sponsor an evening of fun, games, prizes and music for the incoming middle schoolers to meet each other. Dinner provided by pool concessionaire.

FOR:	Town of Lewisboro and Katonah-Lewisboro
	School District residents entering 6th grade
	only in the Fall of 2023.
WHERE:	Lewisboro Town Park Pool
WHEN:	Thursday, June 22nd
RAINDATE:	Friday, June 23rd
TIME:	6:00PM - 8:00PM
FEE:	\$25.00 – pre-registration
	\$30.00 – at the door
ACTIVITY #:	212101-D1
NOTE:	Pool membership is not required. Bring
	bathing suit and towel.

### MIDDLE SCHOOL BBQ SPLASH PARTY

#### Michael Portnoy, Supervisor

Get an early start on your summer fun. This will be an evening of fun, food and frolic. Participants will enjoy an inflatable, basketball, frisbee, music and swimming.

FOR:	Boys and girls, entering grades 7 & 8.
WHERE:	Lewisboro Town Pool
WHEN:	Thursday, June 15th
RAINDATE:	Saturday, June 17th
TIME:	6:00PM - 8:00PM
FEE:	\$25.00 – pre-registration
	\$30.00 – at the door
ACTIVITY #:	212102-F2

### NOTE:

Pool membership is not required. Bring a bathing suit and towel.



### **2023 SPRING BASKETBALL**

#### Michael Portnoy, Program Coordinator

The Lewisboro Parks and Recreation Department will sponsor an organized basketball league for students in grades 5-12. While the league will be organized for competitive play, the intent is to provide an extra opportunity for students to organize/draft their own teams, improve skills, develop teamwork, and have FUN in a recreation, outdoor setting.

FOR:	Boys, Grades 5-12 and Girls, Grades 5 & 6
WHERE:	Lewisboro Town Park Basketball Courts
WHEN:	Intermediate Division (Gr. 5/6) - Monday nights
	Senior Division (Gr.7/8) - Tuesday nights
	Master Division (Gr.9/10) - Wednesday nights
	Vets Division (Gr. 11/12) - Thursday nights
MAKEUPS:	Saturday afternoons
FEE:	\$200.00 – Includes a shirt, 7 weeks of regular
	games, referees, scorekeepers, and awards.
NOTE:	If interested in being the team coach, email
	Michael at recreation1@lewisborogov.com.

## **ADULT ACTIVITIES**

### MEN'S AND WOMEN'S Spring/Summer Softball League

This slow pitch softball league offers two divisions of play for men and one division for women ages 16 and older. Games are played on weeknights and some weekends. The season starts in May with play continuing until August.

REGISTRATIO	<b>DN:</b> Team information will be emailed to all
	team managers who participated in the
	league in 2022. All league information
	will be provided. New players who would
	like to get on a team should contact
	the Recreation Office at 232-6162 for
	information and team availability.
FIELDS:	Games will be played at Onatru Farm Park
NOTE:	Teams may be required to play on nights
	and/or weekends other than the regularly
	scheduled nights.

#### YOGA – Tricia Keane, Instructor

Tricia has been teaching Yoga for 18 years and recently earned her degree as a Physical Therapist Assistant. She combines her Yoga experience and knowledge of anatomy to provide a relaxing class that provides students with greater flexibility, strength and awareness of their own postural and movement patterns. This gentle class is unique in that it is based on Hatha Yoga, but also incorporates therapeutic exercise to make the asana accessible and more effective. All levels are welcome. You should discuss any medical conditions with your doctor to insure that it is appropriate for you to practice Yoga.

# **ADULT ACTIVITIES**

You must be able to easily transition unassisted from the floor to a standing position in order to participate.

FOR:	Adults, 18 years of age and older
WHERE:	Onatru Farm House – Yoga Studio
WHEN:	Thursdays, 8 weeks, April 20th– June 8th
	(no class 5/26)
TIME:	9:45AM – 11:00AM
FEE:	\$160.00
ACTIVITY #:	220201-E1
NOTE:	Participants must supply a yoga mat.

### **RELAXING EVENING YOGA – JoAnn Hickey**, Instructor

Come explore your own body with as much or as little intensity as you like. This class will focus on functional mobility, how to be comfortable in your own skin, how to age gracefully while moving gracefully with confidence and flexibility. We will practice moving with the breath, feeling our bodies speak to us. All levels are welcome with an emphasis on safe yoga for those over 50. The class is 1 hour with the last 10 minutes devoted to meditation.

FOR:	Adults, 18 years and older
WHERE:	Lewisboro Recreation Gym
WHEN:	Wednesdays, 8 weeks, May 3rd – June 21st
TIME:	6:00PM - 7:00PM
FEE:	\$130.00
ACTIVITY #:	220305-D1

### **ESSENTRICS** – June Bird, Instructor

Essentrics is designed to work and rebalance the full body, engage all the joints and muscles. It is a low impact activity and non-aerobic. It will rapidly change and tone your body through a dynamic combination of stretching and strengthening. It will improve your posture, increase your range of motion, improve your balance, aid in pain relief and promote healing.

FOR:	Adults, 18 years of age and older
WHERE:	Lewisboro Recreation Gym
WHEN:	Wednesdays, 8 weeks, April 19th – June 7th
TIME:	9:30AM - 10:30AM
FEE:	\$130.00
ACTIVITY #:	220306-D1

### TAP CLASS - Anne-Marie Gerard Galler, Instructor

Maybe you have always wanted to learn to tap dance? Or it's been years but you would love to shuffle off to Buffalo again? Now is your chance! Join Broadway Vet, Anne-Marie Galler, for a multilevel Adult Tap Class, appropriate for those dusting off the old shoes to those putting them on for the first time!! We'll start with the basics and go from there! Please wear comfortable clothing you can move in (leggings, sweats etc) and bring water... and a pair of tap shoes!

FOR:	Adults, 18 years and older
WHERE:	John Jay Middle School Cafeteria

WHEN:	Wednesdays, 8 weeks, April 19th – June 14th
	(no class 5/3)
TIME:	5:30PM – 6:30PM
FEE:	\$176.00
ACTIVITY #:	220501-A1

### REDUCE STRESS THROUGH THE ARTS - Sue

#### Carpenter PhD and Michael Garber PhD, Instructors

Each week will provide the opportunity to reduce stress through music, art, poetry or dance. Enjoy a fun and relaxing hour to the start your week off well! No previous experience necessary and no materials needed.

FOR:	Adults, 18 years and older
WHERE:	Onatru Farm House
WHEN:	Mondays, 6 weeks, April 17th - May 22nd
TIME:	10:30AM - 11:30AM
FEE:	\$120.00
ACTIVITY #:	220601-B1

### TAI CHI CHUAN - Ron Statler, Instructor

Improve your life now! An ancient Chinese exercise, Tai Chi Chuan is renowned for its therapeutic benefits. For centuries, it has been used for health, relaxation, vitality, increasing longevity and calming the mind. It is characterized by soft, continuous movements, and is practiced by people of all ages. Come discover the artistic method to achieving a relaxed, yet strong, mind and body.

FOR:	Adults, ages 21+
WHERE:	Lewisboro Recreation Gym
WHEN:	Mondays, 6 sessions, April 17th – May 22nd
TIME:	12:00PM - 1:00PM
FEE:	\$132.00
ACTIVITY #:	220701-C1

### **COMPUTER BASICS CLASS** - Katie Coluccini, Instructor

Learn computer basics such as how to set up and access e-mail, navigate your desktop, search the internet, and use basic Google applications such as Google Docs. Participants must bring their own devices; either an iPad or a laptop.

FOR:	Adults, ages 18 and older
WHEN:	Wednesday, 6 classes, April 26th – May 31st
WHERE:	John Jay High School Cafeteria
TIME:	5:00PM – 6:00PM
FEE:	\$120.00
ACTIVITY #:	221601-A1
NOTE:	Participants must bring an IPAD or laptop to
	class.

# DAY CAMPS

The Town of Lewisboro Parks and Recreation Department is happy to bring back camps this summer.

We are so excited to again be able to offer our full slate of summer camps for the Town of Lewisboro and be able to expand our offerings from 2022. However, the 2023 camp season will continue to keep safety in mind.

The anticipated summer camp season is scheduled to run for six weeks from Monday, June 26th – Friday, August 4th from 9:00AM - 3:00PM.

The Town of Lewisboro Parks and Recreation Department and our camp staff are dedicated to making your child's summer camp experience a rewarding and enjoyable one!

#### DAY CAMP REGISTRATION

#### 1. Day Camp Registration Information

Our department can accept credit cards (please note there is a 3% service charge for usage). We will conduct registration at our office or online.

We will start registration on Monday, April 10th with the schedule below:

Weekdays starting Monday, April 10th 9:00AM - 5:00PM

Extended hours:

Tuesday, April 11th - 9:00AM - 8:00PM Thursday, April 13th - 9:00AM - 8:00PM Saturday, April 15th - 9:00AM - 12:00PM

2. No mail in registrations or walk in registrations will be accepted before April 10th.

3. Please indicate the grade your child is **entering in the fall of 2023** on the registration form.

4. Persons **must** complete all the day camp registration material. In addition, **you must bring a copy of your child's immunizations with you when registering from your doctor's office including a copy of your child's COVID vaccine if applicable.** 

5. **Remember** – No registration or payment will be accepted unless **all** forms are complete.

PLEASE NOTE: Any camp registration received after Saturday, April 29th will be charged a \$100.00 late fee.

### SPECIAL PEOPLE ARE NEEDED

If you are looking for an extremely rewarding summer employment experience, contact us for employment as a Summer Inclusion Day Camp counselor. Counselors are assigned to work 1:1 with these special children. Special needs children are placed in our Day Camps to experience a fun summer. Please call (914) 232-6162 for more information.



**LITTLE EXPLORERS CAMP** (PRE-K must be 3 before 6/26/23, entering Kindergarten or entering 1st Grade in the Fall of 2023)

This program will provide a full day of activities and fun! Activities such as arts and crafts, music, dance, science, nature, stories, outdoor play and fitness, special events, and entertainment will be enjoyed. Our staff is composed of qualified caring adults and mature, experienced, caring college and high school students who are dedicated to making your child's camp program a safe and fun experience.

WHEN:	Monday - Friday, June 26th - August 4th
	(no camp July 4th)
	Parent/Camper Orientation will be on
	Monday June 26th
	Camp will begin on Tuesday, June 27th
WHERE:	Lewisboro Elementary School
HOURS:	8:45AM - 2:45PM
FEE:	\$ 850.00 - resident/school district fee
	\$ 1,200.00 – non resident fee
	(registration accepted after April 29th)
NOTE:	1) Swimming will be provided at the Town
	Park's interactive and main pools.
	2) Transportation is provided at no cost from
	specific points in Lewisboro. Refer to bus
	transportation section on page 16 for further
	details. Any child who has reached the age of
	4 years by the start of camp may sign up for
	bus transportation.
	3) Children <b>MUST</b> be toilet trained.
	4) Birth certificate required at time of
	registration for PRE-K camp.
ACTIVITY #:	330101-A1 – Pre-K
	330102-A1 – Kinder Kids
	330103-A2 – 1st Grade

**MAIN EVENT CAMP** (entering grades 2 - 6 in the fall of 2023) This program offers various activities and events to capture the interests of all age groups. Nature, music, sports and games, arts & crafts, special events, swimming and out of camp trips are all a part of this well-rounded program. Our staff is composed of qualified, caring adults and mature, experienced, caring college and high school counselors who are dedicated to making your child's camp program a safe and fun experience.

WHEN:	Monday - Friday, June 26th - August 4th
	(No camp July 4th)
WHERE:	Lewisboro Town Park
	Rain location – John Jay Middle School
HOURS:	9:00AM - 3:00PM
FEE:	\$ 900.00 – resident/school district fee
	\$1,250.00 – non resident fee (registration
	accepted after April 29th)
NOTE:	1) Swim instruction will be provided
	for all grades.
	2) Transportation is provided at no cost from

# DAY CAMPS

specific points in Lewisboro. Refer to bus information section on page 16 for further details.

ACTIVITY #: 3

330104-A1 – 2nd Grade 330105-A1 – 3rd/4th Boys 330105-A2 – 3rd/4th Girls 330106-A1 – 5th/6th Boys 330106-A2 – 5th/6th Girls

### **AFTER HOURS PROGRAM**

(entering grades K-6 in the fall of 2023)

This program is an extension of the camp day designed to aid the working parent who needs additional care for their child after the camp day ends. The program will be held at the Lewisboro Town Park, and is for children already enrolled in the Little Explorers and Main Event camps. Arts and crafts materials, sports equipment, board games and movies are some of the activities a child may choose to participate in. In addition, children will have the opportunity to enjoy swimming, on most days, at the Town Park Pool.

WHEN:	Monday - Friday, June 26th - August 4th
	(No camp July 4th)
WHERE:	Lewisboro Town Park
	Rain location - Lewisboro School
HOURS:	3:00PM - 6:00PM
FEE:	\$500.00 – resident/school district fee
	\$725.00 – non resident fee (registration
	accepted after April 29th)
NOTE:	1) Campers (ages 4 and older) will be
	transported from their camp to Town Park at
	the end of their camp day.
	2) No transportation will be available at the
	end of this program. Campers must be picked
	up at the Town Park or Lewisboro School in
	case of rain.
	220100 11

#### ACTIVITY #: 330108-A1

### **BUS TRANSPORTATION**

(Little Explorers, Main Event, Teen Treks Camps) – Chris DiLillo, Program Coordinator

SOUTH SALEM: Former Lewisboro Elementary School

GOLDENS BRIDGE: Increase Miller Elementary School

CROSS RIVER: John Jay High School

VISTA: Vista Community House, Meadow Pond Elementary School, Oakridge Shopping Center

KATONAH: Katonah Elementary School

TOWN PARK: Teen Treks only

Although there is no cost for transportation, **YOU MUST REGISTER FOR THIS PROGRAM**, so we know how many riders there are and how many buses to provide. Bus transportation is a privilege and can be revoked at any time due to misconduct during transport.

\*\*\* DEADLINE FOR BUS SIGN UP IS MONDAY, JUNE 5th \*\*\*

#### SUMMER MINI GAMP – Katie Coluccini and Michael Portnoy, Program Coordinators

With day camp over early in August, we are offering a full day camp program to add to summer fun. Children will be given the opportunity to participate in sports, arts and crafts and other activities. Swimming lessons will be provided as well as free swim time. Lunch will also be provided by the concessionaire at the pool.

FOR: WHEN: WHERE:	Boys and girls, grades K-5 Monday – Friday, August 7th– 11th Lewisboro Town Park Pavilion
TIME/FEE:	9:00AM – 3:00PM <b>\$350.00</b> 3:00PM – 4:30PM <b>\$125.00</b>
ACTIVITY #:	<b>330201-A1</b> 9:00AM - 3:00PM <b>330201-A2</b> 3:00PM - 4:30PM
NOTE:	Please bring bathing suit/towel, sunscreen, sneakers and water every day.

### SUMMER ADVENTURE WEEK - Katie Coluccini and

Michael Portnoy, Program Coordinators

With another week off during the summer, why not join us for three or five days as we travel to fun locales in the area. It is bound to be a great week for any youngster. We will travel to fun places like the American Dream Mall, Funplex and New York City.

FOR:	Boys and girls, entering grades 6-8
WHEN:	Monday – Friday, August 7th – 11th or
	Tuesday – Thursday, August 8th – 10th
WHERE:	All departures and arrivals will be at the
	Lewisboro Town Park
TIME:	9:00AM - 3:00PM
FEE:	\$600.00 – 5 day program or
	\$475.00 – 3 day program which is T-Th
ACTIVITY #:	<b>330301-A1</b> (5 Day)
	<b>330301-A2</b> (3 Day)
NOTE:	Trip details will be provided to participants
	in June. Deadline to register is May 1st.



# **SUMMER YOUTH PROGRAMS**

### AUGUST ART ADVENTURE - STEAM, Instructor

Two summer programs are being offered and can be paired together to make a full day.

#### 1. All Things Art

Your budding artists will enjoy a whole week of in-depth drawing lessons, watercolor resist, acrylic paintings, copper tooling, charcoal, oil pastels, chalk and more as they create gorgeous works of art to treasure for years to come.

#### 2. DIY Maker

If you can dream it, you can create it! This immersive arts and crafts style camp will delight the DIY'er in your life. From clay ring dishes to rainbow loom bracelets and tie dye creations, your child will come home with a ton of new things to be proud of!

FOR:	Boys and girls, entering grades K-5
WHERE:	Lewisboro Town Park Pavilion
WHEN:	Monday - Friday, August 14th – 18th
NOTE:	Don't forget to pack lunch, snacks, and
	drinks if doing the combo along with bathing
	suit and towel.

PROGRAM	TIME	FEE	ACTIVITY #
All Things Art	9:00AM - 12:00PM	\$275.00	317001-A1
DIY Maker	1:00PM - 4:00PM	\$275.00	317001-A2
Combo w/lunch & swim	9:00AM - 4:00PM	\$500.00	317001-A3

### **ROBOTICS AND ENGINEERING -STEAM TO-GO -**

#### STEAM, Instructor

Two summer programs are being offered and can be paired together to make a full day.

#### 1. Robot Explorer

This program is an introduction into the world of robotics. You will learn about the six simple machines and how they are incorporated into more complex machines. You will also learn about circuits and power sources. Participants will also have fun constructing LED circuits and brush robots.

#### 2. Engineering 101

Young engineers of all ages will have a blast at this week of inventing and creating toys and other fun structures. From balloon cars to catapults and much more, they'll have hours of fun!

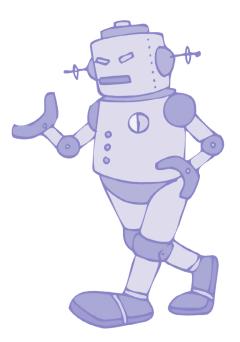
FOR:	Boys and girls, entering grades K-5
WHERE:	Lewisboro Town Park Pavilion
WHEN:	Monday - Friday, August 21st –
	August 25th
NOTE:	Don't forget to pack lunch, snacks, and
	drinks if doing the combo along with bathing
	suit and towel.

PROGRAM	TIME	FEE	ACTIVITY #
Robot Explorer	9:00AM - 12:00PM	\$295.00	319001-A1
Engineering 101	1:00PM - 4:00PM	\$295.00	319001-A2
Combo w/lunch & swim	9:00AM - 4:00PM	\$525.00	319001-A3

### STEAM MASHUP WEEK - STEAM, Instructor

In grand STEAM to-go tradition, we wrap up the summer with the best of the rest. A MashUp of all things science, art, circuitry, and SLIME! Each day, each station is a new and incredible learning opportunity. Start the day in the jurassic era, end it in robotics! You get a taste of everything we have to offer in this week of camp.

FOR:	Boys and girls, entering grades K-5
WHERE:	Lewisboro Town Park Pavilion
WHEN:	Monday - Friday, August 28th - September 1st
TIME:	9:00AM – 4:00PM
FEE:	\$500.00
ACTIVITY #:	318001-A1
NOTE:	Includes a swim period after lunch.



# **REGISTRATION – BEGINS WEDNESDAY, MARCH 29TH**

	ENNIS REGIS	STRAT	ION	FORM	<b>f</b> (P)	LEASE PRINT	AND FILL OU	T COMPLETE	L Y)
Adult Name									
	ress								
Telephone (Day)					(Ever	ning)			
Emergency Name_					(Telep	ohone)			
Elementary School	Area (Check one):	:		🗆 Ir	ncrease Miller	□ Meado	ow Pond	□ Katonah	
RESIDENT STAT	<i>US:</i> □ Town of L	ewisboro	Resid	ent					
(Check one)	□ Katonah/ L	ewisborc	Schoo	ol Distr		nail			
Participant Name Last	First	Sex	Age	D.O.E	Activity 8. Number	Activit	y Name Gra	Tennis ade Permit #	Fees
<i>Form of Payment:</i> Make checks or mo		e to TOV	VN OI	FLEW	ISBORO	REFUND PO		AL FEES: \$	
<i>By Mail:</i> Town of Lewisbo Parks & Recreatio 99 Elmwood Roa South Salem, NY	on Dept. d	Pa an af Pa	arks and accide oremen arent/C	l Recrea nt or inj tioned p Guardia	tion Department ury occur to the rogram sponsore	, employees and afore named part ed by the Lewisb	leases the Town of volunteers thereof, icipant as a result c oro Parks and Recr Date	of any responsibility of any responsibility of participation in eation Department	lity should the nt.
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# DAY CAMP REGISTRATION - STARTS MONDAY, APRIL 10<sup>TH</sup>

#### LEWISBORO CAMP REGISTRATION FORM

BUS #\_\_\_\_\_

Camper's Name		Sex <b>D.</b>	0.B	Home Phone#
Mailing Address,			City	Zip
Mother's Name		Wor	k Phone	Cell Phone
E-mail address				
Father's Name		Wor	k Phone	Cell Phone
Emergency Name (other than Par	ent)			Phone#
Doctor's Name				Phone#
Grade in Fall		Scho	ool Area: 🗌 MP 🗌 IM [	⊐кт
Please list ONE child you would like	e your child to be placed wit	h:		
Is your child taking any prescribed r	nedication? 🗌 YES 🗌 N	10		
Medication		Will your child n	eed to take this medicati	on during the camp day? 🗆 YES 🗆 NO
Is your child allergic to insect/be				
Any Food Allergies			Drug Allergies	
Was your child vaccinated for COVID	: □YES □NO Date	s of immunization		
activities and trips unless otherwise	e indicated. I also understand own risk. If I cannot be reached	d that the Town of Le d in the event of an ill	ewisboro does not mainta	ed above, permission to take part in all camp in medical insurance for program participants. hission for my child to be taken to a hospital for
Parent/Guardian Signature			D	ate
Hospitalization/Insurance Compan	У		Poli	cy#
Bus Transportation (please check	cone):			
	ease Miller Elementary Scho	ol 🗌 John Jay High	School 🛛 Katonah El	ementary School
Lev	visboro Elementary School	Meadow Ponce	l Elementary School	
🗆 Oa	kridge Shopping Center	🗌 Vista Commu	nity House	
		Camp Choic	es	
Little Explorers:	Main Event:	After Camp:	Summer Mini Camp	Adventure Camp:
□\$850	□\$900	□\$500	□\$350	🗌 3 Day \$475
				🗆 5 Day \$600

\$100 late fee will be applied if registering after April 29, 2023

Form of payment: □cc

□check

 $\Box$ cash

# **SPORTS DEVELOPMENT CLINICS**

### JOHN JAY NATION Boys All-star basketball clinic

JJHS Boys Basketball Coaches, Tyler Sayre and Jordan Moody.

The John Jay Nation All-Star Basketball camp will be run by John Jay Players with guidance from coach Tyler and Jordan and others with years of first hand basketball experience. They will share their knowledge with every camper. While learning and honing their basketball skills, campers will also have a great time.

FOR:	Boys, grades 4-8
WHERE:	John Jay High School
WHEN:	Monday - Thursday, August 14th – 17th
TIME:	9:00AM - 3:00PM
FEE:	\$275.00
ACTIVITY #:	310304-A1

# **MINI SPORTS PROGRAMS**

### **MINI SPORTS WEEK 1**

Join us for either a full day of sports or just a half day.

FOR:	Boys and girls entering grades 2-5
WHEN:	Monday - Thursday, August 14th - August 17th
RAINDATE:	Friday, August 18th
FEE:	\$180.00 – either morning or afternoon
	\$360.00 - full day includes lunch time (bring
	lunch/drinks or buy lunch at the snack bar).
ACTIVITY #:	310601-A1 Skyhawks Basketball
	310601-A2 Skyhawks Baseball
	310601-A3 Full Day Basketball/Baseball

#### 1. SKYHAWKS BASKETBALL CLINIC

This fun, skill-intensive program is designed for beginning to intermediate players. Using our progression-based curriculum, we focus on the whole player - teaching sportsmanship and teamwork. Boys and girls will learn the fundamentals of passing, shooting, ball handling, rebounding and defense through skill-based instruction and small-sided scrimmages.

WHERE:	Town Park Basketball Courts
TIME:	9:00AM - 12:00PM
NOTE:	Bring water and wear sneakers

#### 2. SKYHAWKS BASEBALL CLINIC

Learn the fundamentals of fielding, catching, throwing, hitting and base running - all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility.

# **MINI SPORTS PROGRAMS**

WHERE:	Town Park Ball Field
TIME:	1:00PM - 4:00PM
NOTE:	Bring cleats, glove, hat and drink

### MINI SPORTS WEEK 2

Join us for either a full day of sports or just a half day.

FOR:	Boys and girls grades 2-5
WHEN:	Monday - Thursday, August 21st - 24th
<b>RAINDATE</b> :	Friday, August 25th
FEE:	\$180.00 – either morning or afternoon
	\$360.00 - full day includes lunch time
	(bring or buy lunch)
ACTIVITY #:	310701-A1 Skyhawks Soccer
	310701-A2 Skyhawks Flag Football
	310701-A3 Full Day Soccer/Flag

#### 1. SKYHAWKS SOCCER CLINIC

Your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. Areas of focus are dribbling, passing, shooting and ball control. By the end of the program, your child will have learned new life skills such as teamwork and sportsmanship, made new friends and improved their soccer skills.

WHERE:	Town Park Baseball Field
TIME:	9:00AM - 12:00PM

#### 2. SKYHAWKS FLAG FOOTBALL

Experience the excitement of football with Skyhawks Flag Football Fueled by USA Football. Using a curriculum developed by the experts from USA Football, coaches will teach skills like passing, receiving, kicking and flag pulling. Participants will gain confidence and learn important life lessons in a fun, positive environment.

WHERE:	Town Park Baseball Field
TIME:	1:00PM - 4:00PM



# POOL / SWIM LESSONS

The Lewisboro Town Pool facility is situated in a tranquil setting at Lewisboro Town Park. The park is located on Route 35 in South Salem.

#### PLEASE NOTE:

#### 1. OPENING DAY - SATURDAY, MAY 27th

Come and take the plunge!! Town of Lewisboro and Katonah-Lewisboro School District residents have been extended a free opening day at the Lewisboro Town Park pool.

#### 2. PHOTO ID SYSTEM

Individuals who were members last year only need to mail in a check and registration form and your permits will be renewed through the computer or renew online.

All new pool members and children of pool members who have reached the age of 2 are required to get a pool permit including a photo ID picture. Each new member **must** come to the Recreation Office to have a photo taken with our system and you will receive your new permit before you leave. These permits are PVC cards with a design and bar code. The process may take a few minutes so in order to minimize your waiting time, as well as everyone else's waiting time, we **urge you to complete and mail in your registration form along with payment prior to your office visit for photos.** 

Be sure to keep your permit(s) for the following year. In the future, you will not need to have new pictures taken (exception – children will be asked to renew their photo every 3 years) or even mail in your cards. We will then be able to renew memberships through the computer system or online with a credit card.

In the event you lose your permit, there is a \$15.00 replacement fee.

#### **Please mail in your registration form and fee prior to visiting the office.** Refer to page 1 for a detailed listing of our office hours when photos will be taken.

#### **FEES/MEMBERSHIPS**

Please note that children ages two (2) and older must have a permit or pay the daily fee. Town residents **only** are able to enter using the daily fees without obtaining a permit

<b>REGISTER IN:</b>	MARCH 29th – MAY 31st	Starting JUNE 1st
Town Resident Family	+ +	600.00
Town Resident Family/Caregiver Town Resident Couple	650.00 425.00	700.00 * 475.00
Town Resident Adult (16+) Town Resident Child (2-15 yrs.) Town Resident Senior Adult (Ages 65 & older)	325.00 300.00 80.00	375.00 350.00 80.00
School District Family School District Family/Caregiver	\$ 675.00 \$ \$ 775.00	725.00 825.00 *
School District Adult (16+) School District Child (2-15 yrs.) School District Senior Adult (Ages 65 & older)	425.00 350.00 125.00	475.00 400.00 125.00

\* **Family/Caregiver Permits** – This permit requires the caregiver to be with or without the child(ren) to enter the pool facility.

DAILY FEES	RATE
Town Resident Adult (16+)	\$15.00
Town Resident Child (2-15 yrs.)	\$10.00

TOWN AND SCHOOL DISTRICT RESIDENTS PUNCH

**CARD** – Town and School District Residents can now purchase a punch card to access the pool on a daily basis instead of purchasing a full season pool membership. This card will cost \$135.00 for Town Residents and \$180.00 for School District Residents and can be purchased at the Recreation Office. This card entitles 10 visits or visitors to the pool facility during the 2023 season. For more information, please call 232-6162.

**GUESTS:** The maximum number of guests per day is limited to 6 for permit holders and residents.

#### 1. GUEST FEES FOR TOWN RESIDENT PERMIT HOLDERS

Adults - \$12.00 (ages 16+) Children - \$ 8.00 (ages 2-15)

#### 2. GUEST FEES FOR TOWN RESIDENT NON-PERMIT HOLDERS

Adults - \$18.00 (ages 16+) Children - \$12.00 (ages 2-15)

### 3. SCHOOL DISTRICT PERMIT HOLDER GUEST FEES

Adults - \$18.00 (ages 16+) Children - \$12.00 (ages 2-15)

**Note: RESIDENT FAMILY** lives in the Town of Lewisboro and pays both Town and School District taxes. **SCHOOL DISTRICT FAMILY** lives outside the Town and pays only School District taxes.

POOL SEASON: May 27th - September 4th (Labor Day) - daily

#### POOL HOURS: PLEASE NOTE WEEKDAY POOL HOURS

Weekdays:	May 30th - June 16th	3:30PM - 7:30PM
	June 20th - August 11th	12:00PM - 7:30PM
	August 14th - Sept. 1st	11:00AM - 7:00PM
Weekends:		
and holidays	May 27th - Sept. 4th	11:00AM - 7:00PM *

\* **PLEASE NOTE:** Pool hours for weekends, Memorial Day, Juneteenth, July 4th and Labor Day will be 11:00AM – 7:00PM.

### SWIM AND DIVE TEAM (Boys and girls ages 5-18)

#### Meg Kaplan, Head Coach

Come spend the summer splashing and dashing in the Lewisboro Town Pool throughout the weekdays learning to be a faster swimmer or execute pristine dives at our amazing facility. Practice sessions will start in the afternoons June 22nd from 4:30PM to 6::00PM and then transition to 2 mornings Mondays and Fridays from 7:30AM – 8:30AM and afternoons Tuesdays, Wednesdays and Thursdays from 4:30PM to 5:30PM. Meets will

# **POOL/ SWIM LESSONS**

be held at varying locations for 5 meets in total on Tuesday or Thursday evenings for the A team and 3 Wednesday afternoons

for the B team. Three Diving B meets will be held on Monday afternoons at varying locations. Time Trials will be held on June 10th at 4:00PM.



Persons joining the swim and dive team must be pool members and must be able to swim the length of the pool.

#### SWIM & DIVE TEAM'S KICK-OFF-THE-SEASON

**MEET & GREET** - Meet your coaches, ask questions and get ready for a season of fun!

Sunday, June 4th at 4:30PM at the Lewisboro Town Pool

**VOLUNTEERS ARE ALWAYS NEEDED!** There is a lot of coordination that goes into the swim and dive team program – volunteers are always needed to help out at meets (scorers; ribbon writers; etc.) and behind the scenes (planning fundraisers and team dinners). Email lewisboroswim@gmail.com

For more information visit the website at www.

lewisboroswimanddive.com. Any other questions, please contact Coach Meg Kaplan at camelot93@optonline.net.

FEE:	1st child	\$200.00	Activity #340201-A1
	2nd child	\$175.00	
	3rd + child	\$150.00	

**NOTE:** 1. Pool closings due to swim meets will be posted at the entrance to the pool.

2. Pool membership must be paid for when registering for the swim team. If at a later date the family registers for a pool membership, the individual membership amount will be deducted from the family membership.

### **FRIDAY FLOATS**

Grab your swim noodles, inflatable tubes and floats because they will be permitted in the main pool on these special Fridays. Some restrictions may apply.

FOR:	Town Resident Families and Pool Members
WHERE:	Lewisboro Town Pool
WHEN:	Fridays, June 16th - August 18th
TIME:	4:00PM - 6:00PM
FEES:	Pool permit is required or Town residents can
	pay the daily fee.

### SWIM LESSONS

Public swim lessons are offered each summer at the Town Park Pool for pool members and non-members. The various swim lesson classes are listed below. For additional information contact the Recreation Office at 232-6162.

**PLEASE NOTE**: Any one individual can accompany a child into the pool complex for swim lessons. Parent will be asked to wait in a designated area.

#### I. PARENT/TODDLER SWIM TIME

This class is an introduction to the basic swimming skills and water adjustment while learning through fun and play.

FOR:	Parent-Toddler (19 months - 3 yrs)
WHEN:	Saturdays, June 24th – July 29th, 5 classes
	(no class 7/1)
TIME:	10:30AM - 11:00AM
FEE:	\$ 90.00/session - pool members
	\$ 120.00/session - non-members
ACTIVITY #:	340106-F1
NOTE:	1. Toddlers not toilet trained should wear
	rubber pants and swim diapers in addition to
	a bathing suit.
	No diapers!
	2. Parents will
	be expected to
	participate in
	the water.

#### **II. GROUP LESSONS**

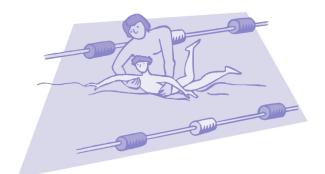
Utilizing the American Red Cross Learn to Swim

curriculum, the following swim lessons will be offered.

#### LEVEL 1 - Intro to Water Skills

PURPOSE:	Orientation to aquatic environment
COURSE CONTENTS:	<ul> <li>Supported floating and kicking on front and back</li> <li>Alternating arm/leg action on front and back</li> <li>Submerge face</li> <li>Blow bubbles through mouth and nose</li> </ul>
LEVEL 2 - Fun	damental Skills
PURPOSE:	Expand on fundamental aquatic locomotion and safety skills
COURSE CONTENTS:	<ul> <li>Floating and kicking on front and back</li> <li>Rhythmic breathing</li> <li>Combined stroke on front and back</li> <li>Treading water in chest deep water</li> </ul>
LEVEL 3 - Stro	oke Development
PURPOSE:	Expand proficiency of previously learned skills
COURSE CONTENTS:	<ul> <li>Diving from side of pool</li> <li>Treading water in deep water</li> <li>Front crawl, elementary backstroke, dolphin and scissor kicks</li> </ul>

# **POOL/ SWIM LESSONS**



#### **LEVEL 4 - Stroke Improvement**

<b>PURPOSE:</b>	Improve skills and increase endurance
COURSE	
<b>CONTENTS:</b>	• Dives from the side of pool from stride and
	standing positions
	• Turns at the wall
	• Front crawl, breaststroke, butterfly,

• Front crawl, breaststroke,butterfly, sidestroke, elementary backstroke and back crawl

#### I. WEEKLONG LESSONS (4 classes)

#### **SESSION 1**

WHEN:	Monday - Thursday, June 19th – 22nd
RAINDATE:	Friday, June 23rd
FEE:	\$76.00 - pool members \$100.00 - non-pool members

#### **LEVEL 1 AND LEVEL 2**

TIME:	3:30PM - 4:00PM
ACTIVITY #:	<b>340101-A1</b> (level 1)
	<b>340102-A1</b> (level 2)

#### **LEVEL 3 AND LEVEL 4**

TIME:	4:00PM - 4:30PM
ACTIVITY #:	<b>340103-A1</b> (level 3)
	340104-A1 (level 4)

#### **SESSION 2**

WHEN:	Monday - Thursday,
	August 7th – 10th
<b>RAINDATE</b> :	Friday, August 11th
FEE:	\$76.00 - pool members
	\$100.00 - non-pool members

#### LEVEL 1 AND LEVEL 2

TIME:	3:30PM - 4:00PM
ACTIVITY #:	340101-A1 (level 1)
	340102-A1 (level 2)

#### LEVEL 3 AND LEVEL 4

TIME:	4:00PM - 4:30PM
ACTIVITY #:	340103-A1 (level 3)
	340104-A1 (level 4)

#### II. WEEKLY LESSONS (5 classes)

FEE:

TIME:

LEVEL 1 WHEN:

RAINDATE: ACTIVITY #:

LEVEL 2 WHEN:

RAINDATE: ACTIVITY #:

LEVEL 3

WHEN:

RAINDATE:

LEVEL 4 WHEN:

**ACTIVITY #:** 

**RAINDATE:** 

**ACTIVITY #:** 

July 31st 340101-B1

Mondays, June 26th - July 24th

\$95.00 - pool members \$125.00 - non-pool members

3:30PM - 4:00PM

Tuesdays, June 27th – August 1st (no class 7/4) August 8th **340102-D1** 

Wednesdays, June 28th – July 26th August 2nd **340103-B1** 

Thursdays, June 29th – July 27th August 3rd **340104-D1** 

#### **III. PRIVATE/SEMI-PRIVATE SWIM LESSONS**

To complement our public group swim lesson program, a limited number of private and semi-private lessons are available to all Town residents and pool members. All private swim lessons are done in a set of 5 lessons, which meet once a week for a 1/2 hour.

Under the direction of the Aquatics Director, instructors will be assigned to provide these lessons. Make-ups will only occur due to inclement weather or swim meets.

FOR: DATES:	Children must be 3 years of age and older Mondays - Sundays: June 26th – August 6th Makeups will be held August 7th – 12th
TIMES:	Weekdays: 3:00PM, 3:30PM, 4:00PM, 4:30PM, 5:00PM, 5:30PM Weekends: 11:30AM, 12:00PM, 12:30PM 1:00PM, 1:30PM

# POOL/ SWIM LESSONS

#### **Private Lessons**

LESSON TYPE	POOL MEMBER	NON-POOL MEMBER
LG (Lifeguard Taught) Activity #: 340107-A1	\$180.00 (\$70/\$110)	\$205.00 (\$95/\$110)
WSI (Certified Water Safety Instructor) Activity #340107-A2	\$225.00 (\$70/\$155)	\$250.00 (\$95/\$155)

#### Semi- Private Lessons

LESSON TYPE	POOL MEMBER	NON-POOL MEMBER
LG (Lifeguard Taught) Activity #: 340107-B1	\$160.00 (\$70/\$90)	\$185.00 (\$95/\$90)
WSI (Certified Water Safety Instructor) Activity #340107-B2	\$190.00 (\$70/\$120)	\$215.00 (\$95/\$120)

You must arrange the second child for semi-private lessons. Children's ages and abilities should be close.

**NOTE: Registration begins Thursday, June 1st.** All registrations are first come, first served, **online or mail in registrations.** The availability of private lessons is **limited**. All registered individuals will be contacted by instruction coordinator to confirm dates, times, and instructor. **\*\*Registration deadline is Friday, June 16th.** 

#### IV. ADULT SWIM - Meg Kaplan, Instructor

This is an opportunity for serious lap swimmers to gain coaching tips and participate in a workout environment in the early morning hours to get your day started on the right foot. You must be able to swim to join this program and daily workouts will be provided that will meet your personal aquatic training needs from lap swimmer to tri-athlete to iron man.

FOR:	Adults, ages 16 and older		
WHERE:	Lewisboro Town Pool		
WHEN:	Mondays, Wednesdays, and Thursdays –		
	15 sessions		
	June 26th -	- July 31st	
TIME:	6:30AM -	7:30AM –	
	Monday an	d Friday morning	S
	5:30PM – 6:30PM – Wednesday afternoons		
FEE:	Days	<b>Pool Members</b>	Non-Members
	W	\$ 60.00	\$ 70.00
	M/F	\$120.00	\$140.00
	All	\$165.00	\$205.00
ACTIVITY #:	#: 340108-A1 – 5 days – W		
	340108-A2 - 10 days - M/F		
	340108-A3	– 15 days – All	

### ADULT AQUATIC FITNESS PROGRAM

Genoeffa Palumbo, Instructor

#### HIIT (High Intensity Interval Training)

High Intensity Interval Training gets wet! This high energy, total body workout targets every major muscle group in the body using power moves, noodles, kickboards and the wall. Meant for all levels.

FOR:	Adults, ages 18 and older
WHERE:	Lewisboro Town Pool
WHEN:	Mondays, 6 classes, June 26th – August 7th
	(no class 7/3)
TIME:	6:00PM - 7:00PM
FEE:	\$120.00 (pool members)
	\$150.00 (non-members)
ACTIVITY #:	340601-D1
NOTE:	Remember to bring a bathing suit and towel!

### 50 YARD LAP SWIM - ADULTS ONLY

The entire pool complex will be closed to those under the age of 18. Swimming laps in the 50 yard lap lanes will be permitted.

FOR:	Lewisboro Town Residents and/or Lewisboro
	Pool Members, ages 18 and older.
WHERE:	Lewisboro Town Main Pool
WHEN:	Morning swim – Saturdays, August 5th, 12th
	and 19th, 9:00AM - 10:30AM
	Night swim – Thursdays, August 11th, 18th
	and 25th, 7:00PM - 8:30PM
FEE:	Free to pool members
	\$15.00 – Town resident adults
NOTE:	No registration needed. No children will be
	able to enter the pool complex. The dive tank
	and interactive pool will be closed for usage
	during these times.

### **FAMILY FUN DAYS**

School's out so let's dive into summer! Bring the entire family along for a fun day of game, music and swimming. Floats will be allowed in the middle section of the pool.

WHEN:	Sundays, June 18th and July 30th
TIME:	12:00PM – 6:00PM
WHERE:	Lewisboro Town Pool
FEE:	Discounted entry rates for residents -
	\$12.00 per adult and \$8.00 per child



# TENNIS

The Town of Lewisboro offers our residents two locations for tennis play. There are four allweather courts at Fox Valley Park in Goldens Bridge. There are four Hadeka soft surface tennis courts at Onatru Farm Park on Elmwood Road in South Salem. A reservation system is in place again this year using Court Reserve. All tennis permit holders will receive the link to download the app for their court reservations. Only permit holders will be able to reserve court time. Each household will be able to register for an one hour play time (if no one signed up after you and no one is waiting to play, you can play longer).

Here are some policies with Tennis Court usage for the 2023 season.

#### You must have a permit to play.

- Each permit holder may have ONE guest per visit.
- For doubles, there must be two permit holders on the court for two guests.

#### • ABSOLUTELY NO LESSONS ARE PERMITTED UNLESS OFFERED BY THE TOWN OF LEWISBORO.

No exception of any kind will be considered or permitted.

Individuals who were members last year can renew online at <u>www.lewisbororecreation.com</u> and we will mail the key and permit to you unless YOU email parks@lewisborogov.com and make arrangements for your key to be picked up so you can play right away.

All new tennis members will have to come to the office for a photo ID and pick up a key.

The tennis season for Fox Valley Park runs from April 1st through October 31st. Onatru Park tennis courts will open on May 1st (weather permitting) through October 31st.

**PLEASE NOTE:** The tennis courts at Fox Valley are used by the Katonah-Lewisboro School District and for our Town tennis lessons from April 1st through mid-June. A complete schedule of usage is on Court Reserve.

#### PHOTO ID SYSTEM

A photo ID system has been implemented for tennis permits. To renew your tennis memberships, simply mail in your 2022 photo ID cards, check and registration form to our office. Please refer to page 1 for a detailed listing of our office hours for photos.

#### FEES

Two Facility Permit - Or	natru Park and Fox Valley Park
Resident Individual	- \$ 125.00 - Activity #250301-A2
Resident Family	- \$ 200.00 - Activity #250301-A1
Senior Adults	- \$ 80.00 - Activity #250301-A3
(Ages 65 & older)	
Non-Resident Individual	- \$ 200.00

#### TENNIS CLINICS – Gail Ascher, PTR Certified Instructor

The aim of our summer clinic is the help the participants improve their tennis strokes and better comprehend the rules of the game. This includes the basic strokes of forehand, backhand, and volley. For more advanced players we will introduce additional strokes including serve, overhead and lob. Players are grouped by age and ability. Each session begins with a warm-up period, followed by a combination of stroke development exercises, drills and games. We assist the players with their timing, accuracy and consistency. While we emphasize developmental skills, we integrate fun activities to keep the kids engaged. For the more serious players we offer competitive drills and game play

There will be water and snack breaks. Players must bring their own racquets, water and snacks.

FOR: WHERE: FEE: NOTE: CLINIC 1	Boys and girls entering grades 1–9 Onatru Farm Park \$180.00 Children must be 6 years old by clinic start date or demonstrates prior skills
WHEN:	Tuesday – Friday, June 20th – 23rd
RAINDATE:	Tuesday, June 27th
TIME:	2:00PM - 5:00PM
ACTIVITY #:	<b>350101-A1</b>
CLINIC 2 WHEN: RAINDATE: TIME: ACTIVITY #: CLINIC 3	Tuesday - Friday, June 27th – 30th Friday, June 30th , 2:00PM - 5:00PM 9:00AM - 12:00PM <b>350101-A2</b>
WHEN:	Monday -Thursday, August 7th – 10th
RAINDATE:	Friday, August 11th
TIME:	9:00AM - 12:00PM
ACTIVITY #:	<b>350101-B1</b>
CLINIC 4	Monday -Thursday, August 14th –
WHEN:	August 17th
RAINDATE:	Friday, August 18th
TIME:	9:00AM - 12:00PM
ACTIVITY #:	<b>350101-B2</b>

### YOUTH TENNIS LESSONS -

Gail Ascher, PTR Certified Instructor

The goal of our tennis classes is to teach the participants the basic strokes and rules of the game, so that they can become future players. Each class begins with a warm-up period, followed by stroke development exercises. These will include the forehand, backhand, and volley. For more advanced players, we will introduce or further develop the serve, overhead, and lob. We will concentrate on timing, accuracy, consistency, and court positioning. Exercises, drills and games will be age and level appropriate.

Players must bring their own racquet and water.

# TENNIS

FOR: WHERE: NOTE:

WEDNESDAY CLASS WHEN:

**RAINDATE**:

Class 1: Grades 1–2 TIME:

FEE: ACTIVITY #: June 16th 4:45PM - 5:30PM \$90.00 **250101-A1** 

5:30PM - 6:30PM

3:45PM - 4:45PM

Sundays, 6 classes,

May 14th - June 18th

racquet and water

Wednesdays, 6 classes, May 10th – June 14th

Boys and girls, grades 1-12

Onatru Farm Park Tennis Courts

Participants must supply their own

#### Class 2: Grades 3-5

TIME: FEE: ACTIVITY #:

\$120.00 **250101-A2** 

\$120.00

250101-A3

June 25th

#### Class 3: Grades 6-8

TIME: FEE: ACTIVITY #:

SUNDAY CLASS

WHEN:

**RAINDATE**:

Class 1: Grades 1–2 TIME: FEE: 3:00PM - 3:45PM \$90.00 **250101-G1** 

3:45PM - 4:45PM

Class 2: Grades 3-5

TIME: FEE: ACTIVITY #:

**ACTIVITY #:** 

\$120.00 **250101-G2** 

#### Class 3: Grades 6-8 (Beginner)

TIME:	4:45PM - 5:30PM
FEE:	\$90.00
ACTIVITY #:	250101-G3

#### Class 4: Grades 7–12 (Advanced Beginner and up)

TIME:	5:30PM - 6:30PM
FEE:	\$120.00
<b>ACTIVITY #:</b>	250101-G4

### ADULT SPRING WEEKDAY TENNIS LESSONS

#### Rob Delman, Instructor

FOR:	Adults, 18 years and older
WHERE:	Onatru Farm Park
WHEN:	Tuesdays, 8 classes, May 9th – June 27th
NOTE:	Participants must supply their own racquet
	and wear tennis sneakers.

#### FEE: \$180.00 with tennis permit \$230.00 without tennis permit

#### 1. Beginner

TIME:	9:00AM - 10:00AM
ACTIVITY #:	250106-E1

This program is a terrific introduction for adults who are interested in learning the basics of tennis. This class will go over the fundamentals of tennis focusing on basic stroke development including forehands, backhands, volleys, and serves. No prior experience is necessary.

#### 2. Intermediate

TIME:	10:00AM - 11:00AM
ACTIVITY #:	250106-E2

This program is for the player who has achieved stroke dependability and direction on shots within reach, including forehand and backhand volleys, but still lacks depth and variety. Emphasis will be placed on more aggressive net play, footwork skills to improve court coverage, and focus on groundstroke specifics (control, direction, depth, and power).

### **PICKLEBALL CLINIC**

#### Rob Delman, Instructor

This is for players that both want to learn and improve their playing skills. Topics to be covered are the basic rules, scoring and more advanced topics such as shot placement, positioning and strategy. Groups may be divided by ability.

FOR:	Adults, 18 years and older
WHERE:	Lewisboro Town Park Basketball Courts
WHEN:	Tuesdays, 5 classes, April 4th – May 2nd
TIME:	9:00AM - 10:00AM
FEE:	\$100.00
ACTIVITY #:	250202-A1
NOTE:	Please bring a racquet.

### **EVENING PICKLEBALL CLINIC**

#### Rob Delman, Instructor

This is for players that both want to learn and improve their playing skills. Topics to be covered are the basic rules, scoring and more advanced topics such as shot placement, positioning and strategy. Groups may be divided by ability.

FOR:	Adults, 18 years and older
WHERE:	Lewisboro Town Park Basketball Courts
WHEN:	Tuesdays, 8 classes, April 18th – June 6th
TIME:	5:00PM - 6:00PM
FEE:	\$160.00
ACTIVITY #:	250202-A2
NOTE:	Please bring a racquet.



# **LEWISBORO SENIOR ADULTS**

Pamela Veith, Senior Adult Director/Senior Outreach

#### FOR MORE INFORMATION ON DAY TRIPS OR THE SENIOR ADULT PROGRAM, PLEASE CALL 232-6162

The Lewisboro Senior Adult Program has much to offer those aged 50 and older! The Senior Adult Program, under the leadership of Pam Veith, will enjoy many fun and interesting events throughout the year.

We invite you to read on and encourage you to participate in our program offerings.

### **SENIOR UPDATES**

To receive email news about Senior Adult trip information, program information, emergency closings and other information, go to

http://www.lewisbororecreation.com and scroll over to Key Links, click on

email signup and then click on Seniors.



### OUTREACH

Our responsibility is to reach out to the growing number of homebound senior adults in Lewisboro. Through this program, access to needed information and referral services are available. If you or someone you know is in need of services such as home delivered meals, heating assistance, Medicare/Medicaid information, to name a few, please contact our office.

Transportation to and from medical appointments can be arranged Monday – Friday with the exception of Wednesdays. Hours for this transportation must be within office hours and are subject to availability. To make arrangements for transportation please call the office.

Medical equipment is available for loan including wheelchairs, walkers, canes, shower benches, shower chairs, etc. Please call the office if you are in need of equipment.

The "File of Life" is available through the Senior Adult program and the Outreach Program. It is an informational tool to provide assistance during a medical crisis. Everyone should have one. The large info file attaches to the refrigerator and the small info file belongs in your wallet at all times. The small File of Life is a must on all bus trips.

The "Are You Okay?" telephone reassurance system is available to all our seniors. Daily telephone calls to each participant are made to ensure an individual is safe and well. Confidentiality is always guaranteed.

### MEETINGS

Wednesday meetings are held weekly at the South Salem Fire House on Route 35 in South Salem. The South Salem Fire Department has graciously extended an invitation to our Seniors to use their large meeting area for our programs.

Our program offers much variety such as gardening tips from Gossett's Nursery, guest speakers, holiday parties, birthday celebrations, casual gatherings of new and old friends, cards, games, reminiscing and fun.

A monthly book group is held with Cindy Rubino from the Lewisboro Library every third Wednesday from 11:00AM to 12:00PM.

Bring your knitting, crocheting or needlepoint project every fourth Wednesday from 11:00AM – 12:00PM.

The Fire House is open from 9:30AM to 2:30PM every Wednesday. Please join us!

### **BLOOD PRESSURE SCREENING**

Blood pressure will be taken for those interested the fourth Wednesday of each month from 11:00AM-12:00PM by a Registered Nurse from Northwell Health.



### **BUS TRIPS**

Led by our very dedicated bus driver, Doreen Svendsen, the Town of Lewisboro offers bus trips twice a week with door to door pick up service: Tuesdays will be for grocery/retail shopping and Wednesdays the senior adult meeting. Please call (914)232-6162 at least one day in advance to make a reservation on the bus or to get a schedule of shopping days. There is a suggested two dollar donation per day.

### NEWSLETTER

The Senior Adult newsletter is printed and mailed out each month. The newsletter highlights the months' activities and keeps you up to date on upcoming events and trips. To receive your monthly copy of the newsletter, simply phone the Recreation Office at 232-6162 to get your name added to our mailing list or email seniors@lewisborogov.com to be added to our email list.

### **UPCOMING DAY TRIPS**

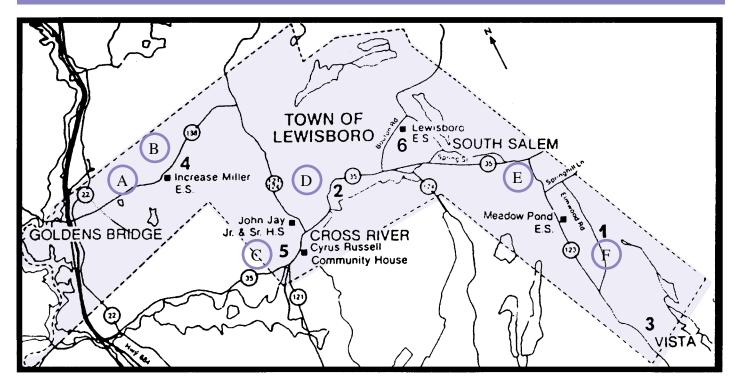
Details will be announced in the monthly newsletter

Tuesday, April 11th	Aquaturf-Dualing Pianos – Plantsville, CT
Thursday, May 25th	Sylvia's Soul Food Restaurant – Wave Hill – Bronx, NY
Thursday, June 29th	San Marino Ristorante – Fascia Chocolate – Waterbury, CT
Thursday, July 20th	Sea Mist – Thimble Island Cruise – Chowder Pot – Branford, CT
Thursday, August 24th	Resorts World Casino – Monticello, NY
Thursday, September 28th	Culinary Institute of America – American Bounty Restaurant – New Hyde Park, NY
Thursday, October 19th	Oktoberfest – Jersey Dreamers – Paterson, NJ

For more information or to register, contact Pam Veith at (914) 232-6162 or seniors@lewisborogov.com



# FACILITIES



### 1. RECREATION OFFICE/ONATRU FARM PARK

Parks & Recreation Department

99 Elmwood Road, South Salem - (914) 232-6162 Four multi-purpose fields for football, soccer, softball, field hockey, lacrosse, playground equipment, four soft surface tennis courts, hiking trails, restroom facilities composting toilets and picnic pavillion. \* Restrooms are not available November-April

### 2. TOWN PARK

1079 Old Post Road (Route 35), South Salem Ballfield, swimming pool complex, two basketball courts, two sand volleyball courts, playground equipment, picnic pavillion, pond for fishing, hiking trails and composting toilets.

NOTE: Basketball and volleyball courts have lights for night time use.

### 3. VISTA FIELD

477 Smith Ridge Road (Route 123), South Salem Ballfield and toddler playground equipment.

### 4. FOX VALLEY PARK

4 Indian Hill Road (Route 138 and Indian Hill Road), Goldens Bridge

Four all-weather tennis courts, two multipurpose fields for baseball, football, soccer and softball, fitness trail, hiking trails, restroom facilities, picnic pavilion and playground equipment. \* Restrooms are not available November-April.

### 5. NEIL VREELAND MEMORIAL PLATFORM TENNIS COURTS

John Jay High School, 60 North Salem Road, Cross River Three platform tennis courts. Lights for night time use. Permits are required.

### 6. LEWISBORO RECREATION GYM

79 Bouton Road, South Salem. Playground equipment, regulation size basketball court, multipurpose gymnasium, performing stage and full service restrooms.

#### **TOWN PRESERVES**

For more information, please go to the town's website at www.lewisborogov.com.

A. Falcon Ridge

- B. Brownell Preserve
- C. JJHS Cross Country and Community Trail

D. Old Field PreserveE. Leon Levy PreserveF. Onatru Farm Preserve



**TOWN OF LEWISBORO DEPARTMENT OF PARKS & RECREATION** 99 Elmwood Road South Salem, NY 10590 (914) 232-6162

Presorted Standard Mail U.S. Postage PAID White Plains, NY Permit No. 9001

#### HOURS:

MONDAY - FRIDAY 9:00 AM - 5:00 PM

THURSDAYS: MAY 4TH - JUNE 22ND 5:00 PM - 7:30 PM

SATURDAYS: MAY 6TH – JUNE 17TH 9:00 AM - 12:00 PM

#### POSTAL CUSTOMER **ECRWSS**

Solution Segins Monday, April 10<sup>™</sup> (CLOSED SATURDAY MAY 27TH) SPROGRAM REGISTRATION BEGINS WEDNESDAY, MARCH 29<sup>TH</sup>

### **TELEPHONE RESOURCE**

POLICE, FIRE, AMBULANCE EMERGENCY New York State Police Town of Lewisboro (Non-emergency number).	277-3651
FIRE AND RESCUE South Salem Goldens Bridge Vista	763-3700 232-4600
AMBULANCE Lewisboro VAC Vista FD	763-3574
HOSPITALS Northern Westchester Emergency Room Norwalk Danbury	. 203-852-2000
POISON CONTROL	946-0121 -800-342-3720

